

DEDICATED TO PADAMASREE

Dr. BLS MURTHY

Padmasree Lion Dr. B.L. Srinivasa Murthy a.k.a. B.L.S.Murthy, a legend in service and sacrifice, lived and served the society he lived in for over 45 years. His unflinching, single minded agenda to serve, serve and serve was inspired by the sublime life and teaching of Swami Vivekananda.

He was born in Bangalore to Sri Batchu Lutchmiah Setty and Smt. Ramarathnamma as the fourth child amongst seven. His scholastic education was in Corporation school, Cantonment, Bangalore. He then went on to finish his Bachelors in Science and in Law in the Government colleges, Bangalore. Concurrently he started his business, a commission agency dealing in onions, and soon became a leader by the dint of hard work and high business ethics. He was indeed called 'the onion king'. He married Smt. Sounderyavalli while still in college and was blessed with two sons and a daughter. His wife and family members supported him in all his efforts and endeavours.

His tryst with service began at an early age of 35 when he made his first donations of Rupees One Lakh and Rupees Fifty Thousand towards establishment of 'Sri Venkateswara ENT Department' and 'Sri Venkateswara Urology Department' respectively. This was in 1971. From this momentous beginning he blazed a trail of glorious service. Starting from obtaining the land from the Govt. of Karnataka, the foundation stone for the community centre was laid in 1977 and inaugurated in 1981. His intense efforts resulted in the inauguration of the Lions Eye Hospital in 1984 by the then Chief minister. From then on the hospital has expanded many fold with steady addition of various ophthalmic services. Today this premier institution offers state of art ophthalmic services through its dedicated staff. The centre is recognised by the DNB board for postgraduate training. The

driving force for this continuous dizzy pace of development is Sri B.L.S.Murthy. He gave birth to this institution and looked after it with loving care for 30 years as the Managing Trustee. Lakhs of free cataract surgeries (he pioneered the reach out program), thousands of school screening programs, close to a lakh eye pledgors are no mean achievements. The team around him be it the trustees or donors or the ophthalmologists simply produce magical results.

As the executive president of the Kidwai Cancer Drug Foundation he was instrumental in building a large corpus fund. The foundation has done yeoman service in dispensing cancer drugs at very subsidised prices. A crore worth of free cancer drugs have been given to the poor and needy patients.

Another first against his name is the concept of hospital Dharamshalas. Noting the plight of the attendants of patients in major hospitals staying under bushes and trees in the hospital campus, Sri B.L.S.Murthy struck upon the concept of hospital Dharamshalas. He has been instrumental in the creation of Dharamshalas at Victoria Hospital, NIMHANS and Kidwai Cancer institute. Bed, shelter and toilet facilities are offered to the attendants of admitted patients at very affordable rates.

He has been instrumental in creating the Ashwini Medical Relief trust at Yeshwanthapur RMC yard. More than 10 lakh patients have availed medical and dental services through this trust.

Through the Red Cross society he did remarkably well to promote blood donation. He set a personal example by donating blood 29 times! He was on the board of all the major government hospitals at one time or the other and actively contributed to the well being of these institutions.

His involvement and zeal in the fields outside medical service is exemplary. Under his stewardship for over 30 years the Ashakta Poshaka Sabha, an old age home and orphanage, saw unprecedented development. The living quarters, the

cots, furniture, toilets, kitchen, dining hall and sick wards were totally overhauled. Truly he transformed the ashram complex into a five star facility. He personally tasted the ashram food and spent an hour in the evening every day. The landscaping, lift, auditorium, Hanuman temple indeed transformed the ashram into a loving home.

He was also the president of the Jeevan Sandhya Trust, a home for 40 senior couples.

As the president of the Karnataka Arya Vysya Charitable Trust he was instrumental in collecting almost 300 lakh rupees. Through the interest from this corpus thousands of deserving candidates receive scholarships and aid for vocational training.

For about six years he was the president of Vasavi Vidya Niketan and was instrumental in introducing new courses and overall development.

Recognition came to him in various forms:

Karnataka state awards in 1971 and 2000.

Honorary Doctorate conferred on him by the Bangalore University.

Ambassador of Goodwill – by the Lions Clubs International

The Padmasree award by the Government of India presented by the then President Abdul Kalam in 2004.

Simple living, high thinking, empathising with the poor and sick, capability of building teams and taking everyone with him, open to suggestions from his colleagues and continuously setting higher and higher goals and achieving them were his guiding forces.

Padmasree Lion Dr. B.L.S.Murthy is indeed a “crown of creation”.

CA Dr. Vishnu Bharath Alampalli

P R E F A C E

You have this one life, how do you want to spend it? Apologizing? Regretting? Questioning? Hating yourself? Dieting? Running after people who don't see you? Be brave. Believe in yourself. Do what you feel good. Take risks. You have this one life. Make yourself proud.

THE PURPOSE OF life IS NOT ONLY TO BE HAPPY BUT ALSO TO BE USEFUL, TO BE HONORABLE, TO BE COMPASSIONATE, TO HAVE IT MAKE SOME DIFFERENCE THAT YOU HAVE LIVED AND LIVED WELL.

Life is all about what to do?, How to do ?, when to do ? Where to do ?but only few will realize WHY to do ?The most difficult task is to make everybody happy. The simplest task is to be happy with everyone. Surprisingly, the purpose of both is the same. Acceptance is a great quality that we need to possess because life never accepts how we are but we need to accept how life is.

Working for success will make you a master but working for satisfaction will make

you a Legend. Masters are everywhere and legends are very rare. I wish all my readers as legends and enjoy this 29th book of mine "MAN – THE CROWN OF CREATIONS" and sincerely hope that it will be useful for your progress.

I take this opportunity to thank Dr. Udayaravi Sastry & CA Ramachandran Mahadevan for correcting me and Mr. Sagar for designing this book. I also thank Dr. BS Ramamurthy & Sri. BS Krishnamurthy for sponsoring this book to reach 5000 families.

Regards,

CA Dr. Vishnu Bharath Alampalli

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M A A

THE CROWN OF CREATIONS

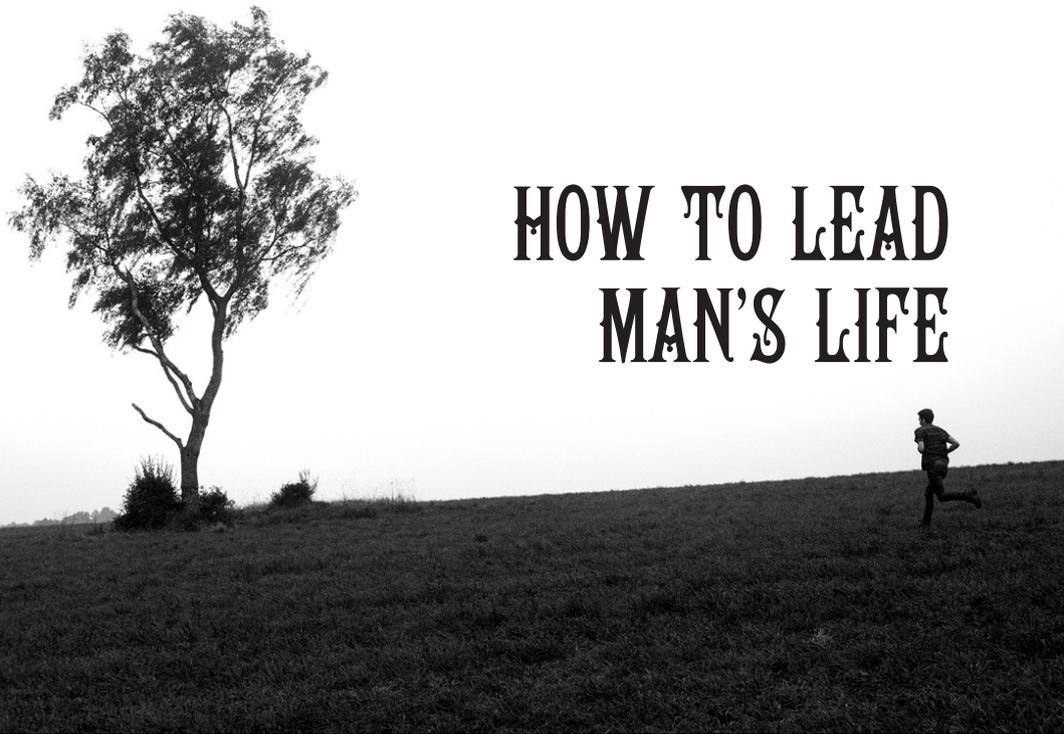
BEING MALE IS A MATTER OF BIRTH.
BEING A MAN IS A MATTER OF AGE.
BEING A GENTLEMAN IS A MATTER OF CHOICE.
MAN IS THE CROWN OF CREATIONS.
&
MAN INCLUDES WOMAN ALSO.



What a piece of work is a man, how noble
in reason, how infinite in faculties, in form and
moving, how express and admirable, in action
how like an angel, in apprehension how like a god!

“Man is the beauty of the world.”

Shakespeare – Hamlet

A black and white photograph of a landscape. On the left, a large, leafy tree stands on a grassy slope. On the right, a person is running uphill. The sky is a uniform light gray.

HOW TO LEAD MAN'S LIFE

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Do you agree with me, that MAN –Is the CROWN OF CREATIONS? Don't just have career or academic goals. Set goals to give you a balanced, successful life. Balanced means ensuring your health, relationships, mental peace are all in good order. There is no point in getting a promotion on the day of your breakup. There is no fun in driving a car if your back hurts. Shopping is not enjoyable if your mind is full of tensions.

Don't take life seriously. Life is not meant to be taken seriously, as we are really temporary here. We are like a prepaid card with limited validity. If we are lucky, we may last another FEW YEARS/DECADES. Do we really need to get so worked up? ...It's OK, RELAX. Take leave from work; fall in love, Fight a little with your spouse... We are people, not programmed devices..! “Don't be too serious, enjoy Life”





Who is a MAN ?

A man is the most beautiful part of God's creation.

He sacrifices his chocolates  for his sister.

He sacrifices his dreams  for just a smile on his parents' face.

He spends his entire pocket money  on buying gifts  for the lady  he loves  just to see her smiling.

He sacrifices his full youth for his wife & children  by working late at night without any complaint.

He builds  their future by taking loans from banks & repaying them for lifetime.

He struggles a lot & still has to bear scolding from his mother, wife & boss.

His life finally ends up only by compromising for others' happiness. 

.....
If he goes out, then he's careless. ? If he stays at home, then he's a lazy. ?

If he scolds children, then he's a monster. ? If he doesn't scold, then he is an Irresponsible guy. ?

If he stops wife from working, then he's an insecure guy. ?

If he doesn't stops wife from working, then he's somebody who lives on wife's earnings. ?

If he listens to mom, then he's mama's boy ? If he listens to wife, he's wife's slave ?

 Respect every male in your life. You will never know what he has sacrificed for you.



SEVEN STAGES ON MAN'S LIFE

Humorous description of seven stages of Life.



- 1.)  0-5 yrs we experience many “SPILLS” ..
- 2.)  6-16 yrs we undergo many “DRILLS” ..
- 3.)  17-25 yrs we discover many “THRILLS” ..
- 4.)  26-40 yrs we have to pay many “BILLS” ..
- 5.)  41-60 yrs we suffer many “ILLS” ..
- 6.)  61-75 yrs we take many “PILLS” ..
- 7.)  76 yrs. & above we worry about our “WILLS”

No candle loses its light while lighting another candle. So never stop sharing and helping others because it makes your life more meaningful.

Simple rule for tension free life, when we have choices, Let's choose the best. When we have no choice. Let's do our best.



THE BEST LINES EVER SAID BY MAN

“I was born - A Woman was there to hold me - **My MOTHER**

Woman was there to care for me and to play with me - **My SISTER**

I went to school - A Woman was there to help me learn
- **My LADY TEACHER**

When I I became depressed - A Woman was there to offer a
shoulder - **My GIRL FRIEND**

When I needed company, compatibility & love – A Woman was
there for me - **My WIFE**

When I became tough – A Woman was there to melt me
- **My DAUGHTER**

When I Die - A Woman was there to absorb me in - **My MOTHER
EARTH”**

BEING A MAN, YOU HAVE TO VALUE EVERY WOMAN !!!



WHEN TO BE SILENT

- The new Twenty 20

1. Be silent - In the heat of anger.
2. Be silent - When you don't have all the facts.
3. Be silent - When you haven't verified the story.
4. Be silent - If your words will offend other person.
5. Be silent - When it is time to listen.
6. Be silent - When you are tempted to make light of holy things.
7. Be silent - When you are tempted to joke about sin.
8. Be silent - If you would be ashamed of your words later.
9. Be silent - If your words would convey the wrong impression.
10. Be silent - If the issue is none of your business.
11. Be silent - When you are tempted to tell an outright lie.





12. Be silent - If your words will damage someone else's reputation.
13. Be silent - If your words will damage a friendship.
14. Be silent - When you are feeling critical.
15. Be silent - If you can't say it without screaming it.
16. Be silent - If your words will be a poor reflection of your family and friends.
17. Be silent - If you may have to eat your words later.
18. Be silent - If you have already said it more than once.
19. Be silent - When you are tempted to flatter a wicked person.
20. Be silent - When you are supposed to be working instead.



**“WHOSOEVER GUARDS HIS MOUTH AND TONGUE
KEEPS HIS SOUL FROM TROUBLES”**



ONE LIFE CAN MAKE THE DIFFERENCE

*One song can spark a moment.
One flower can wake the dream.
One tree can start a forest.
One bird can herald spring.
One smile begins a friendship;
One handclasp lifts a soul.
One star can guide a ship at sea.
One word can frame the goal.
One vote can change a nation.
One sunbeam lights a room;
One candle wipes out darkness.
One laugh will conquer gloom.
One step must start each journey.
One word must start each prayer.
One hope will raise our spirits;
One touch can show you care.
One voice can speak with wisdom;
One heart can know what's true.
One life can make the difference...
That difference starts with you.*



HOW SHOULD ONE COMMUNICATE?

- Talk to Mother lovingly
- Talk to Father respectfully
- Talk to Teacher/Guru with humbleness
- Talk to Wife truthfully
- Talk to Brothers with restraint
- Talk to Sisters affectionately
- Talk to Children with enthusiasm
- Talk to Relatives with empathy
- Talk to Friends freely
- Talk to Officials politely
- Talk to Vendors strictly
- Talk to Customers courteously.
- Talk to Workers honestly.
- Talk to Politicians diplomatically.
- Talk to in-laws carefully.
- Talk to God silently.



YOU DON'T KNOW, WHAT YOU HAVE UNTIL IT'S GONE



You might have lots of blessings and things to treasure in life, but not always be aware of their value. The saying goes: “You don’t know what you have until it’s gone”, and many of us have experienced this, ourselves. Taking things for granted is a nasty habit that gives a reason for our regret. There is only one thing you can do about this: to value what you have while you still have it. Here’s a story with a good lesson to make you reflect deeper about this. Value what you have! “The Song of the Birds”

The owner of a small business, a friend of the poet Ramanath met him on the street, and asked him: Mr. Ramanath, I need to sell my small farm - the one you know so well. Could you please write for an announcement for me in the newspaper?

Ramanath wrote: “For sale: A beautiful property, where birds



sing at dawn in extensive woodland that's bisected by the brilliant and sparking waters of a large stream." "The house is bathed in the light of the rising sun in the morning. During the evening, there's plenty of tranquil shade to enjoy on the veranda."

Sometime later, the poet met his friend and asked whether he had sold the property.

He replied: "I've changed my mind. When I read what you had written, I realized the treasure that was mine."

Sometimes, we underestimate the good things we have, and choose to chase after mirages of false treasures instead. We often see people letting go their children, families, spouses, friends and professions. They throw away their knowledge, good health and good things in life.

They throw out what God gave them so freely - things that were nourished with care and effort. Look around and appreciate what you have - Your home, your loved ones, friends whom you can count on, the knowledge you have gained and your good health. Appreciate all of life's beautiful things. They are the most precious treasure of all. We cannot shower kindness upon those we love after, they have gone.

Wishing to redo work that you did negligently in the first place is futile. That's why you should do things well first time. Ask, whenever you can, for your problems and concerns to refrain from degenerating into feelings of sadness and anxiety.

Be in union with God, who will prove the courage needed for victory in times of struggle. Remember that God blesses us with abundance. We are all imperfect. Always praise and value your family. Do all you can to make it better than it is? Praise and value your work and colleagues. Do all you can to improve your working environment?



SPIRITUAL MATURITY? - BY ADI SHANKARA

1. Maturity is *when you stop trying to change others, ..Instead focus on changing yourself.*
2. Maturity is when you, *accept people as they are.*
3. Maturity is when you, *understand everyone is right in their own perspective.*
4. Maturity is when you, *learn to “let go”.*
5. Maturity is when you are, able to *drop “expectations” from a relationship and give for the sake of giving.*
6. Maturity is when you, *understand whatever you do, you do for your own peace.*
7. Maturity is when you *stop proving to the world, how intelligent you are.*
8. Maturity is when you *don’t seek approval from others.*
9. Maturity is when you *stop comparing with others.*
10. Maturity is when you *are at peace with yourself.*
11. Maturity is when you *are able to differentiate between “need” and “want” and are able to let go of your wants.**& last but most meaningful !*
12. You gain Maturity when you *stop attaching “happiness” to material things !!*

Wishing all a happy matured &spiritual life.



TO HAVE SUCCESS IN LIFE

To laugh often and much;

To win the respect of intelligent people and the affection of children;

To earn the appreciation of honest critics and endure the betrayal of false friends;

To appreciate beauty,

To find the best in others;

To leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition;

To know even one life has breathed easier because you have lived.

This is to have SUCCESS IN LIFE





BEST CREATION OF GOD!

IF YOU WANT TO KNOW THE POWER OF GOD, SEE THE SUN.

IF YOU WANT TO SEE THE BEAUTY OF GOD, SEE THE MOON.

IF YOU WANT TO KNOW THE BEST CREATION OF GOD, SEE THE MIRROR. YOU SEE YOURSELF AND THAT IS THE BEST CREATION OF GOD.



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MAN IS BORN TO ENJOY BUT HE MUST KNOW THESE

- The only Man who never makes mistake is the man who never does any work.
- Don't just look – OBSERVE. Don't just watch – TASTE. Don't just sleep –DREAM, Don't just think – FEEL, Don't just exist – LIVE.
- A GEM is not polished without rubbing, nor a man perfected without trials.
- Falling down is not defeat; defeat is when you refuse to get up.
- Love makes time pass and Time makes LOVE pass.
- Forget about the people in your past, they don't make it to your future for a reason.



- Small children disturb your sleep; big children disturb your life.
- Even if you are in right track, you will get run over if you just sit in-between the road.
- A true friend is someone who says nice things behind your back.
- There is no pillow as soft as a clear conscience.
- We never stand taller than when we stoop down to help someone who has fallen.
- Life is not an I PAD to listen to your favorite songs, it is a RADIO, you must adjust yourself to every frequency and enjoy whatever comes.
- A peaceful mind can think better than a worked up or
- Exhausted mind. Allow a few minutes of silence to your mind every day and see, how sharply it helps you to set your life the way you expect it to be. Live in peace and not in pieces.
- A happy person is not a person in a certain set of circumstances, but rather a person with a certain matured set of attitudes.





MAN IS MAN, BE A GENTLEMAN

“**H**ear is the only machine that works without any repair for years” Always keep it happy, whether it is yours or “others”.

“Never raise your voice, just improve the quality of your arguments”. Kind words can be short and easy to speak but their echoes are truly endless.”

Two things decide the success in our life, The way you manage when you have nothing in hand and the way we behave when



we have everything in hand.

The deepest level of worship is praising god in spite of the pain, trusting him when we are tempted to lose hope and loving him when he seems so distant and far away.

With trust even silence is understood. Without trust every word is misunderstood. Trust is the soul of relationships.....

LIFE & TIME are the world's best two teachers. LIFE teaches us the use of TIME & TIME teaches us the value of LIFE.

Life is very similar to a boxing match. Defeat is not declared, when you fall down.

Its CHANGE AS IT IS declared, when you refuse to RISE UP.

Bad attitude is just like bad engine oil. The longer you keep it running through your system, more damage it does to your drive.

It is true that every effort is not converted into success. But it is equally true that success does not come without EFFORT.

Peace does not mean to be in a place where there is no noise, trouble or hard work; it means to be in the midst of those things and still be calm in your Heart.

Success is never achieved by the size of the brain, but it is always achieved by the size of one's thoughts'.

A flower is recognised through its smell, similarly a person can be recognised through his/her conversation and behavior.

Don't COMPLAIN about others. CHANGE yourself if you want LOVE and PEACE. Because it is EASIER to PROTECT your feet with slippers than to COVER the earth with carpet.



TAKE SOME TIME FOR YOURSELF

Take some time to smell the flowers
as you walk the paths of life.
Take some time to ease the tensions
From the challenges and Strife.



although this no doubt could impose
Upon your time for seeking wealth,
There should be little question
That it could improve your health

If you do these things with diligence
You will eventually be glad.
If you don't attempt to do them
You may one-day wish you had



Take some time to live in virtue
In the best way that is known,
and respect the rights of others
as equal to your own



Take some time to help another
Who you will need a hand.
You will find the satisfaction
Leave you feeling sort of grand



and if you don't like that image
of yourself that others see,
Take some time to make some changes,
Be the best that you can be

Take some time to love your neighbor
and even more important still,
Take some time to love yourself
On not may others will



Take some time to banish hatred
When and where you can.
Just detest man's evil ways
and not your fellow man



Take some time to count your blessings,
Though you feel they're not that great.
You will find they're more abundant
Than you thought, at any rate



Take some time to watch a sunrise.
Now and then a sunset too.
Just be sure that seeking pleasure
Isn't all that you ever do.

Take some time to hear the birds sing
as they usher in the dawn.
Though the day will just be emerging,
Too soon it will be gone.



Take some time to just appreciate
The fact that you are here,
and to that higher power
and to trust it without fear.



5 Nice Little Beliefs!



Once, all villagers decided to pray for rain, on the day of prayer all the People gathered but only one boy came with an umbrella. **THAT'S FAITH!**

When you throw a baby in the air, she laughs because she knows you will catch her. **THAT'S TRUST!**



Every night we go to bed, without any assurance of being alive the next morning but still we set the alarms to wake us up. **THAT'S HOPE!**

We plan big things for tomorrow in spite of having zero knowledge of the future. **THAT'S CONFIDENCE!**
If plan A & B fails, don't worry you have up to plan Z.



We see the world suffering... But still we get married? **THAT'S OVER CONFIDENCE!!**



TEN COMMANDMENTS TO BE REMEMBERED

Commandment 1 - Marriages are made in heaven. But then again, so is thunder and lightning.

Commandment 2 - If you want your wife to listen and pay strict attention to every word you say, talk in your sleep.

Commandment 3- Marriage is grand -- and divorce is at least a 100 grand!

Commandment 4 - Married life is very frustrating. In the first year of marriage, the man speaks and the woman listens. In the second year, the woman speaks and the man listens. In the third year, they both speak and the neighbors listen.



Commandment 5 - When a man opens the door of his car for his wife, you can be sure of one thing: Either the car is new or the wife is.

Commandment 6 - Marriage is when a man and woman become as one; The trouble starts when they try to decide as who first and who second.

Commandment 7 - Before marriage, a man will lie awake all night thinking about something you said . After marriage, he will fall asleep before you finish.

Commandment 8 - Every man wants a wife who is beautiful, understanding, economical, and a good cook. But the law allows only one wife.

Commandment 9 - Marriage and love are purely a matter of chemistry. That is why one treats the other like toxic waste.

Commandment 10 - A man is incomplete until he is married. After that, he is finished.

BONUS STORY

A long married couple came upon a wishing well. The wife leaned over, made a wish and threw in a coin. The husband decided to make a wish too. But he leaned over too much, fell into the well, and drowned. The wife was stunned for a moment, but then smiled, 'It really works!'

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CRUCIAL EIGHT CLUES TO HAPPINESS

Having lived a reasonably contented life, I was musing over what a person should strive for to achieve happiness. I drew up a list of a few essentials which I put forward for the readers' appraisal.

- 1 First and foremost is GOOD HEALTH. If you do not enjoy good health you can never be happy. Any ailment, however trivial, will deduct from your happiness.
- 2 A HEALTHY BANK BALANCE. It need not run into millions but should be enough to provide for creature comforts and something to spare for recreation, like eating out, going to the pictures, traveling or going on holidays on the hills or by the sea. Shortage of money can be only demoralizing. Living on credit or borrowing is demeaning and lowers one in one's own eyes.
- 3 A HOME OF YOUR OWN. Rented premises can never give you the snug feeling of a nest which is yours for keeps that a home provides: if it has a garden space, all the better. Plant your own trees and flowers, see them grow and blossom, cultivate a sense of kinship with them.
- 4 AN UNDERSTANDING COMPANION, be it your spouse or a friend. If there are too many misunderstandings, they will rob you of your peace of mind. It is better to be divorced than to bicker all the time.



- 5 LACK OF ENVY towards those who have done better than you in life; risen higher, made more money, or earned more fame. Envy can be very corroding; avoid comparing yourself with others.
- 6 DO NOT ALLOW OTHER PEOPLE to descend on you for gossip. By the time you get rid of them, you will feel exhausted and poisoned by their gossip-mongering.
- 7 CULTIVATE SOME HOBBIES which can bring you a sense of fulfillment, such as gardening, reading, writing, painting, playing or listening to music.
- 8 every morning and evening, devote 15 minutes to INTROSPECTION. In the morning, 10 minutes should be spent on stilling the mind and then five in listing things you have to do that day. In the evening, five minutes to still the mind again, and ten to go over what you had undertaken to do.

RICHNESS is not Earning More, Spending More Or Saving More, but ... "RICHNESS IS WHEN YOU NEED NO MORE"





SPACE IN THE FILLED HEART

Life is best for those who enjoy it, difficult for those who analyze it and worst for those who criticize it. Attitude defines our lives.

You cannot add milk in a glass full of milk but you can still add sugar in that which proves, “Sweet people can make their space even in a filled heart”.

You will hardly find anyone who will understand you. But you will get plenty of people who will expect that you should understand them.

“Death is not the greatest loss in life”. “The loss is when relationship dies between two people while they are still alive”.

“Everybody wants happiness and no one wants pain. But you can’t have a rainbow without a little rain”.

Luck is what happens when preparation meets opportunity.

Happiness is not a state to arrive at, but a manner of traveling.

Whether it’s the best of times or the worst of times, it’s the only time we’ve got.

Those that make the best use of their time have none to spare.

What lies behind us and what lies before us are tiny matters compared to what lies within us.

Your wealth, beauty and status are to be remembered for some time but your good attitude will rule over the hearts forever.

Live with no excuses and love with no regrets. When life gives you a hundred reasons to cry, show life that you have thousand reasons to smile.



WHAT I WANTED TO BE

I would like to be a flower which blooms to
glory & dies, than being a tree
that never blossoms.

I would like to be a spark that burns, with a
brilliant blaze for a moment.

Than being a light, which cannot show path to
anyone..

I would like to be a superb meteor, which carries a
magnificent glow.

Than being a sleepy and permanent planet,
I shall not waste my days in trying to prolong them,
I shall use my time.

I'M BORN TO LIVE, NOT TO EXIT





GOD EXISTS IN UNIVERSE

In 1902, a professor asked his student whether it was God who created. Everything that exists in the universe.

Student replied: Yes,

He again asked: what about evil? Has God created evil also?

The student got silent. Then the student requested that may he ask a question for him?

Professor allowed him to do so.

He asked: Does cold exist, professor said: yes, don't u feel the cold dear.

Student said: I'm sorry but you are wrong sir. Cold is a complete absence of heat. There is no cold, it is only an absence of heat.

Student asked Again: Does darkness exist?

Professor said: yes

Student replied: you are again wrong sir.

There is no such thing like darkness. It is actually the absence of light. Sir! We always study light and heat, but not cold and darkness.

“Similarly, the evil does not exist actually it is the absence of love, faith and true belief in God.” That student was Vivekananda.

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MAN & WOMAN

Woman has **Man** in it;
Mrs. has **Mr.** in it;
Female has **Male** in it;
She has **He** in it;
Madam has **Adam** in it;
Okay, Okay, it all makes sense now...

I never looked at it this way before:

Ever notice how all of women's problems start
with **MEN**?

MENTal illness

MENstrual cramps

MENTal breakdown

MENopause

GUYneecologist

AND When we have **REAL** trouble, it's a..
HYSTERECTOMY.





GOLDEN WORDS OF WISDOM TO REMEMBER

Discussion is always better than argument because argument is to find out who is right! Discussion is to find what is right.

If you like to see your prayers answered during hard times, you must pray hard during easy times.

Life is in constant conflict between love and ego. Love always wants to say sorry & Ego always wants to hear it!

The best relationship is not the one that brings perfect people, but when each individual learns to live with the imperfections of others and can admire the other person's good qualities!!!

Integrity is telling your self the truth. And honesty is telling the truth to others but always try to implement yourself before you preach to others and that is the best to look forward and healthy.

Relations are insurance policies against loneliness. But they need to be renewed with premiums of regular remembrance, feelings, love and care where ever and everywhere to retain best relationship with all.



A TRUE STORY – OF SISTER & BROTHER – SISTER’S VERSION:

***I** was born in a secluded village on a mountain. Day after day, my parents plowed the yellow dry soil with their backs towards the sky.

One day, I wanted to buy a handkerchief, which all girls around me seemed to have. So, one day I stole 50 cents from my father’s drawer. Father discovered about the stolen money right away. ‘Who stole the money?’ he asked my brother and me. I was stunned, too afraid to talk. Neither of us admitted to the fault, so he said, ‘Fine, if nobody wants to admit, you both should be punished!’ Suddenly, my younger brother gripped Father’s hand and said, ‘Dad, I was the one who did it!’ He took the blame, and punishment, for me.



In the middle of the night, all of sudden, I cried out loudly. My brother covered my mouth with his little hand and said, 'Sis, now don't cry anymore. Everything has happened.' I will never forget my brother's expression when he protected me. That year, my brother was 8 years old and I was 11 years old. I still hate myself for not having enough courage to admit what I did. Years went by, but the incident still seemed like it just happened yesterday.

When my brother was in his last year of secondary school, he was accepted in an upper secondary school in the central part of town. At the same time, I was accepted into a university in the province.

That night, Father squatted in the yard, smoking packet by packet. I could hear him ask my mother, 'Both of our children, they have good results? Very good results?' Mother wiped off her tears and sighed, 'What is the use? How can we possibly finance both of them?' At that time, my brother walked out, he stood in front of Father and said, 'Dad, I don't want to continue my study anymore, I have read enough books.' Father became angry.

'Why do you have a spirit so weak? Even if it means I have to beg for money on the streets, I will send you two to school until you have both finished your studies!' And then, he started to knock on every house in the village to borrow money.

I stuck out my hand as gently as I could to my brother's face, and told him, 'A boy has to continue his study. If not, he will not be able to overcome this poverty we are experiencing.' I, on the other hand, had decided not to further my study at the university.

Nobody knew that on the next day, before dawn, my brother left the house with a few pieces of worn-out clothes and a few dry beans. He sneaked to my side of the bed and left a note on my pillow; 'Sis, getting into a university is not easy. I will go find a job and I will send money to you.' I held the note while sitting on my bed, and cried until I lost my voice.

With the money father borrowed from the whole village, and the money my brother earned from carrying cement on his back



at a construction site, finally, I managed to get to the third year of my study in the university. That year, my brother was 17 years old; I was 20 years old.

One day, while I was studying in my room, my roommate came in and told me, 'There's a villager waiting for you outside!' Why would there be a villager looking for me? I walked out, and I saw my brother from afar. His whole body was covered with dirt, dust, cement and sand. I asked him, 'Why did you not tell my roommate that you are my brother?'

He replied with a smile, 'Look at my appearance. What will they think if they would know that I am your brother? Won't they laugh at you?'

I felt so touched, and tears filled my eyes. I swept away dirt and dust from my brother's body. And told him with a lump in my throat, 'I don't care what people would say! You are my brother no matter what your appearance.'

From his pocket, he took out a butterfly hair clip. He put it on my hair and said, 'I saw all the girls in town are wearing it. I think you should also have one.' I could not hold back myself anymore. I pulled my brother into my arms and cried. That year, my brother was 20 years old; I was 23 years old.

After I got married, I lived in the city. Many times my husband invited my parents to come and live with us, but they didn't want. They said once they left the village, they wouldn't know what to do. My brother agreed with them. He said, 'Sis, you just take care of your parents-in-law. I will take care of Mom and Dad here.'

My husband became the directors of his factory. We asked my brother to accept the offer of being the manager in the maintenance department. But my brother rejected the offer. He insisted on working as a repairman instead for a start.

One day, my brother was on the top of a ladder repairing a cable, when he got electrocuted, and was sent to the hospital. My husband and I visited him at the hospital. Looking at the plaster cast on his leg, I grumbled, 'Why did you reject the offer of being



a manager? Managers won't do something dangerous like that. Now look at you - you are suffering a serious injury. Why didn't you just listen to us?'

With a serious expression on his face, he defended his decision, 'Think of your brother-in-law, he just became the director. If I, being uneducated, would become a manager, what kind of rumors would fly around?'

My husband's eyes filled up with tears, and then I said, 'But you lack in education only because of me!'

'Why do you talk about the past?' he said and then he held my hand. That year, he was 26 years old and I was 29 years old.

My brother was 30 years old when he married a farmer girl from the village. During the wedding reception, the master of ceremonies asked him, 'Who is the one person you respect and love the most?'

Without even taking a time to think, he answered, 'My sister.' He continued by telling a story I could not even remember. 'When I was in primary school, the school was in a different village. Every day, my sister and I would walk for 2 hours to school and back home. One day, I lost one of my gloves. My sister gave me one of hers. She wore only one glove and she had to walk far. When we got home, her hands were trembling because of the cold weather. She could not even hold her chopsticks. From that day on, I swore that as long as I lived, I would take care of my sister and would always be good to her.'

Applause filled up the room. All guests turned their attention to me. I found it hard to speak, 'In my whole life, the one I would like to thank most is my brother,' And in this happy occasion, in front of the crowd, tears were rolling down my face again.

Love and care for the one you love every single day of your life. You may think what you did is just a small deed, but to that someone, it may mean a lot.*



WHERE YOUR LIFE STANDS HERE ON EARTH

LIFE ends when you stop dreaming, Hope ends, when you stop believing, Love ends when you stop caring, and we can't take along anything when we go, so we don't have to be too thrifty... be happy and make the rest of your life pleasant.

Spend the money that should be spent, enjoy what should be enjoyed, donate what you are able to donate, but don't leave all to your children or grandchildren, for you don't want them to become parasites who are waiting for the day you will die!!

Don't worry about what will happen after we are gone, because when we return to dust, we will feel nothing about praises or criticisms. The time to enjoy the worldly life and your hard earned wealth will be over!

Don't worry too much about your children, for children will have their own destiny and should find their own way. Don't be your children's slave. Care for them, love them, give them gifts but also enjoy your money while you can. Life should have more to it than working from the cradle to the grave!!

Don't expect too much from your children. Caring children, though caring, would be too busy with their jobs and commitments to render much help.

Uncaring children may fight over your assets even when you are still alive, and wish for your early demise so they can inherit your properties and wealth.



Your children take for granted that they are rightful heirs to your wealth; but that you have no claims to their money.

50-year old like you, don't trade in your health for wealth by working yourself to an early grave anymore... Because, your money may not be able to buy your health...

When to stop making money, and how much is enough (hundred thousands, million, ten million)?

Out of thousand hectares of good farm land, you can consume only three quarts (of rice) daily; out of a thousand mansions, you only need eight square meters of space to rest at night.

So, as long as you have enough food and enough money to spend, that is good enough. You should live happily. Every family has its own problems. Just do not compare with others for fame and social status and see whose children are doing better, etc., but challenge others for happiness, health, enjoyment, quality of life and longevity...

Don't worry about things that you can't change because it doesn't help and it may spoil your health.

You have to create your own well-being and find your own place of happiness. As long as you are in good mood and good health, think about happy things, do happy things daily and have fun in doing, then you will pass your time happily every day.

One day passes without happiness, you will lose one day.

One day passes with happiness, and then you gain one day.

In good spirit, sickness will cure; in a happy spirit, sickness will cure faster; in high and happy spirits; sickness will never come.

With good mood, suitable amount of exercise, always in the sun, variety of foods, reasonable amount of vitamin and mineral intake, hopefully you will live another 20 or 30 years of healthy life of pleasure.

Above all, learn to cherish the goodness around... and FRIENDS... They all make you feel young and "wanted"... without them you are surely to feel lost!!



SOME GLOBAL OPINIONS ON MARRIAGES..

There is no life without a wife. Wife is everything in life, even though wife is knife in your life. **- Vishnu Bharath**



When a man steals your wife, there is no better revenge than to let him keep her. **- Lee Majors**



After marriage, husband and wife become two sides of a coin; they just can't face each other, but still they stay together. **- Al Gore**



By all means marry. If you get a good wife, you'll be happy. If you get a bad one, you'll become a philosopher. **- Socrates**



Woman inspires us to great things, and prevents us from achieving them. **- Mike Tyson THIS IS NOT CORRECT DELETE**



The great question which I have not been able to answer is, "What does a woman want?" **- George Clooney**



I had some words with my wife, and she had some paragraphs with me. **- Bill Clinton**



"Some people ask the secret of our long marriage. We take time to go to a restaurant two times a week. A little candlelight, dinner, soft music and dancing. She goes Tuesdays, I go Fridays."
- George W. Bush



“I don’t worry about terrorism. I was married for two years.”

- **Rudy Giuliani**



“There’s a way of transferring funds that is even faster than electronic banking. It’s called marriage.”

- **Michael Jordan**



“I’ve had bad luck with all my wives. The first one left me and the second one didn’t.” The third gave me more children!

- **Donald Trump**



Two secrets to keep your marriage brimming: 1. Whenever you’re wrong, admit it. 2. Whenever you’re right, shut up.

- **Shaquille O’Neal**



The most effective way to remember your wife’s birthday is to forget it once..

- **Kobe Bryant**



You know what I did before I married?? Anything I wanted to.

- **David Hasselhoff**



My wife and I were happy for twenty years. Then we met.

- **Alec Baldwin**



A good wife always forgives her husband when she’s wrong.

- **Barack Obama**



Marriage is the only war where one sleeps with the enemy.

- **Tommy Leep**



CONVERSATION BETWEEN A HUSBAND (H) AND A PSYCHOLOGIST (P)

P : What do you do for a living Mr. Bandy?

H : I work as an Accountant in a Bank.

P : Your Wife ?

H : She doesn't work. She's a Housewife only.

P : Who makes breakfast for your family in the morning?

H : My Wife, because she doesn't work.

P : At what time does your wife wake up for making breakfast?

H : She wakes up at around 5 am because she cleans the house first before making breakfast.

P : How do your kids go to school?

H : My wife takes them to school, because she doesn't work.

P : After taking your kids to school, what does she do?

H : She goes to the market, then goes back home for cooking and laundry. You know, she doesn't work.

P : In the evening, after you go back home from office, what do you do?

H : Take rest, because i'm tired due to all day works.

P : What does your wife do then?

H : She prepares meals, serving our kids, preparing meals for me and cleaning the dishes, cleaning the house then taking kids to bed.

Whom do you think works more, from the story above???



MAN HAS TO DEAL ONLY BIGGER ISSUES!

Once I asked my friend, “What is the secret behind your Happy Married Life?”

He said “You should share responsibilities with due love and respect to each other. Then absolutely there will be no problems.”

I asked “Can you explain?”

He said “In my house, I take decisions on bigger issues where



as my Wife decides on smaller issues. We do not interfere in each other's decisions.”

Still not convinced, i asked him “Give me some examples”.

He said “Smaller issues like,

which car we should buy,

how much amount to save,

when to visit the super market, when & where to go on vacation,

which sofa, air conditioner, refrigerator to buy.

Monthly expenses, whether to keep a maid or not etc. Are all decided by my wife. I just agree to it “

I asked “Then, what is your role?”

He said “My decisions are only for very big issues. Like whether America should attack Iran, whether Britain should lift sanctions over Zimbabwe, whether to widen the Sri Lankan economy, whether Mahendra Singh Dhoni should retire from Cricket, Whom should Salman Khan Marry. etc etc. and do you know, my wife, NEVER, objects to any of these decisions”.





WANT TO MARRY A RICH GUY !

A pretty girl seeking a rich husband, wrote to a rich Industrialist

I'm going to be honest of what I'm going to say here. I'm 25 this year. I'm very pretty, have style and good taste. I wish to marry a guy with 10 crore annual salary or above.

You might say that I'm greedy, but an annual salary 2 crore is considered only as middle class now days. My requirement is not high. Is there anyone in this forum who has an income of 10 crore annual salary? Are you all married? I wanted to ask: what should I do to marry rich persons like you? Among those I've dated, the richest is 5 crore annual income, and it seems that this is my upper limit. If someone is going to move into high cost residential area on the west of New York City Garden(?), 5 crore annual income is not enough.

I'm here humbly to ask a few questions:

- 1 Where do most rich bachelors hang out? (Please list down the names and addresses of bars, restaurant, gym)
- 2 Which age group should I target?
- 3 How do you decide who can be your wife, and who can only be your girlfriend? (my target now is to get married)
- 4 Why most wives of the riches are only average-looking? I've met a few girls who don't have looks and are not interesting, but they are able to marry rich guys.



A philosophical reply from an Industrialist-

I have read your post with great interest. Guess there are lots of girls out there who have similar questions like yours. Please allow me to analyse your situation as a professional investor. My annual income is more than 10 crore, which meets your requirement, so I hope everyone believes that I'm not wasting time here.

From the standpoint of a business person, it is a bad decision to marry you. The answer is very simple, so let me explain. Put the details aside, what you're trying to do is an exchange of "beauty" and "money": Person A provides beauty, and Person B pays for it, fair and square. However, there's a deadly problem here, your beauty will fade, but my money will not be gone without any good reason. The fact is, my income might increase from year to year, but you can't be prettier year after year. Hence from the viewpoint of economics, I am an appreciation asset, and you are a depreciation asset. It's not just normal depreciation, but exponential depreciation. If that is your only asset, your value will be much worse 10 years later.

By the terms we use in Mumbai Stock Exchange, every trading has a position, dating with you is also a "trading position". If the trade value dropped we will sell it and it is not a good idea to keep it for long term - same goes with the marriage that you wanted. It might be cruel to say this, but in order to make a wiser decision any assets with great depreciation value will be sold or "leased".

Anyone with over 10 crore annual income is not a fool; he would only date you, but will not marry you. I would advise you that you forget looking for any clues to marry a rich guy.

And by the way, you could make yourself capable to become a rich person with 100 crore annual income. This has better chance than finding a rich fool. Hope this reply helps.



THE MOST IMPORTANT 3 CONCEPTS IN LIFE...

Below you'll find three concepts that are irrevocable, three selections we make for ourselves, three things that hurt us and three of life's jewels that make us truly happy. Enjoy some beautiful natural scenery on the way, and remember to keep the good trios of life, not the ones that hold you back.



There are three
irrevocable things in life...

1. TIME
2. WORDS.
3. OPPORTUNITIES.

1. SERENITY
2. HONESTY
3. HOPE



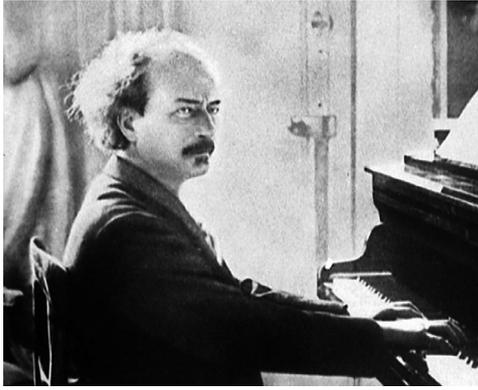
There are three things
we must not deny ourselves...



1. **PRIDE**
 2. **ARROGANCE**
 - 3 **ANGER**
-



1. **SELF ESTEEM**
2. **LOVE**
3. **TRUE FRIENDS**



WHAT YOU GIVE COME'S BACK!

An 18-year-old student was struggling to pay his fees. He was an orphan, and not knowing where to turn for money, he came up with a bright idea. He and a friend decided to host a musical concert on campus to raise money for their education.

They reached out to the great pianist Ignacy J. Paderewski. His manager demanded a guaranteed fee of \$...2000 for the piano recital.

A deal was struck and the boys began to work to make the concert a success. The big day arrived. But unfortunately, they had not managed to sell

enough tickets. The total collection was only \$1600. Disappointed, they went to Paderewski and explained their plight. They gave him the entire \$1600, plus a cheque for the balance \$400. They promised to

honour the cheque at the soonest possible.

“No,” said Paderewski. “This is not acceptable.” He tore up the cheque, returned the \$1600 and told the two boys: “Here’s the \$1600. Please deduct whatever expenses you have incurred.



Keep the money you need for your fees.

And just give me whatever is left”. The boys were surprised, and thanked him profusely.

It was a small act of kindness. But it clearly marked out Paderewski as a great human being. Why should he help two people he did not even know? We all come across

situations like these in our lives. And most of us only think “If I help them, what would happen to me?”

The truly great people think, “If I don’t help them, what will happen to them?” They don’t do it expecting something in return. They do it because they feel it’s the right thing to do. Paderewski later went on to become the Prime Minister of Poland. He was a great leader, but unfortunately when the World War began, Poland was ravaged.

There were more than 1.5 million people starving in his country, and no money to feed them. Paderewski did not know where to turn for help. He reached out to the US Food and Relief Administration for help.

The head there was a man called Herbert Hoover — who later went on to become the US President.

Hoover agreed to help and quickly shipped tons of food grains to feed the starving Polish people.

A calamity was averted. Paderewski was relieved. He decided to go across to meet Hoover and personally thank him. When Paderewski began to thank Hoover for his noble gesture, Hoover quickly interjected and

said, “You shouldn’t be thanking me Mr. Prime Minister.

You may not remember this, but several years ago, you helped two young students go through college. I was one of them.” The world is a wonderful place. What goes around comes around! --”Life’s most urgent question is: What are you doing for others?”



A pastor who was boarding a bus one Monday morning paid his fare to the driver, who gave him too much change. So the pastor went back to the driver and said, "Excuse me, sir. You gave me back too much change."

The driver replied, "No, Pastor, I didn't give you too much change. I was at your church yesterday. You preached on honesty, so I just thought I would put you to the test."



CHARACTER !

What makes character, and how do we find if we have it? This is something many of us think about and ponder, while measuring ourselves and hoping that we are doing right by ourselves and building the kind of character we want to have. These thoughts are put here in an honest and lovely way...

There are lot of tests in life to see if we have character, or integrity, Character is what you are when you are all alone,

What you do when there is no one around to impress.

It has been said that the measure of someone's character is what they would do if they never would be found out.

That seems to be the motivation for lot of things in life. Why do



we not do this or that? Why do we not speed? Because we don't what to get pulled over by the highway patrol.

Integrity comes in where the fear of being caught leaves off.

Fear is fine deterrent, and it has its place. But a better motive wants to do what is right.

To know one's Character, you should see what he thinks when he is alone. What television programs he watches, what website he visits

, what makes him sad, what makes him laugh, what makes him cry, what makes him angry, what makes him mad.

It is generally said that a man's character be known by looking what makes a person laugh. Everyone has character of his/her own. Character is simply long habit continued. It has been said.

“Sow a thought, reap an act.

Sow a habit, reap a character, and reap a destiny.”

The evening of a life is determined by the morning of it. i.e the end is determined by the beginning. The decisions one makes today will play out tomorrow.

LOOK DIFFERENT DIRECTIONS, EVERY DAY

Forwards – To know where you're going and plan ahead

Backwards – To remember where you came from and avoid past mistakes

Down – To make sure you don't step on others or ruin things along the way.

Sideways – To see who is there to support you, and who needs your help.

Up – To remind yourself that there's someone who's watching over you.



TO HAVE SMALL AIM IS A CRIME!

The best way to start off your day is to say a prayer. Praying means coming to terms with life's challenges, making realizations, and appreciating the little things, both positive and negative. You will feel lighter today if you start your golden day with this golden prayer...

Heavy rains remind us of the challenges in life. Never ask for lighter rain, just pray for a better umbrella. That is the right attitude.

When the flood comes, fish eats ants and when the flood recedes, ants eat fish. Only time matters. Just hold on, God gives the time & opportunity for everyone.

Life is not about finding the right person, but about creating the right relationship. It is not how we care in the beginning; it's how much we care till the end.

Some people always throw stones in your path. It depends on what you make with them – a wall or a bridge? Remember: you are the architect of your life.

Often when we lose all hope and think this is the end, god smiles from above and says, "Relax dear, it's just a bend, not the end."

One of the basic differences between God and humans is: god gives, gives, and forgives. Humans get, get, and forget.



Only two types of persons are happy in this world: the mad and the child. Be mad to achieve what you desire and be a child to enjoy what you have achieved.

Never play with the feelings of others because you may win the game, but risk losing that person for your life time.

The world suffers a lot. Not because of the violence of bad people; but because of the silence of good people.

Be thankful to all those who said “NO” to you – it’s because of them you did it by yourself.

If friendship is your weakest point, then you are the strongest person in the world.

Laughing faces do not mean that there is absence of sorrow; it means that they have the ability to deal with it.

Opportunities are like sunrises; if you wait long or look the other way, you will miss them.

When you ARE in the light, everything follows you. But when you enter into the dark, not even your shadow follows you.

Coins always make sounds, but the currency notes are always silent. So when your value increases, keep yourself calm and silent.

It is very easy to defeat someone; but it is very hard to win someone.

So make life as calm and beautiful as a rose after the rain, and begin this golden day renewed, with a prayer now said in your heart of hearts.

All my books are in my website:

www.vishnubharath.com

can download.

Visit my site for valuable Posts, daily

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for Motivational Quotes, daily



LIFE TIPS FROM EXPERIENCED PEOPLE

GOOD RELATIONSHIP IS LIKE TAJMAHAL, EVERYBODY WILL WONDER HOW BEAUTIFUL IT IS BUT NOBODY CAN UNDERSTAND HOW DIFFICULT IT WAS TO BUILD.

UMBRELLA CANNOT STOP RAIN, BUT ALLOWS US TO STAND IN THE RAIN, CONFIDENCE MAY NOT BRING SUCCESS BUT IT GIVES THE POWER TO FACE THE CHALLENGES!

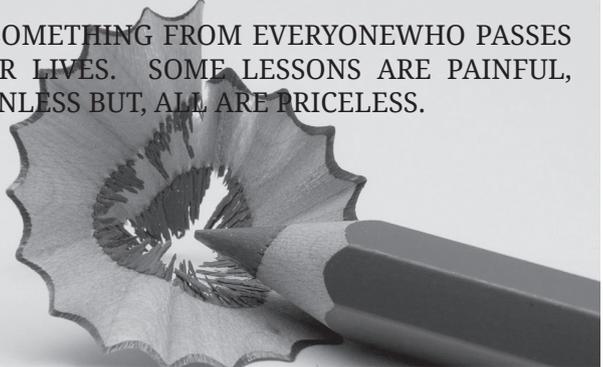
LIFE IS ONE WAY ROAD, WE CAN SEE BACK BUT WE CAN'T GO BACK. **SO ENJOY EVERY SECOND, BECAUSE TODAY'S NEWSPAPER IS TOMORROW'S WASTE PAPER.**

DREAMS GIVE SUPPORT TO HOPE AND HOPE INSPIRES EFFORTS.

EFFORTS ARE SUCCESS SO DREAMS ARE ROOT OF SUCCESS.

YOU ARE BORN WITHOUT ANYTHING, BUT YOU DIE WITH YOUR NAME. **SO THAT NAME MUST NOT BE A WORD, IT MUST BE A HISTORY.**

WE LEARN SOMETHING FROM EVERYONE WHO PASSES THROUGH OUR LIVES. SOME LESSONS ARE PAINFUL, SOME ARE PAINLESS BUT, ALL ARE PRICELESS.





40 LIFE TIPS FROM WISE MEN/WOMEN

Some have been through wars, others through depressions, sickness, and even concentration camps. They are a generation that was unlike any other, and we can all profit from their advice. Even those of us over 85 ourselves, because these days, it is never too late to get good advice.



Health

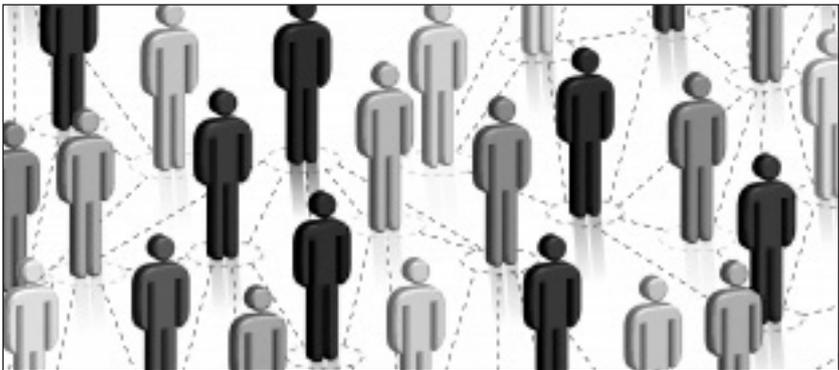
- 1 Drink lots of water.
- 2 Eat your breakfast like kings, your lunch like princes, and your dinner like beggars.
- 3 Eat more things that grow on trees and plants and fewer things that are made in factories. Remember your digestive system doesn't know it's the 21st century, so help it out by feeding it stuff it's built for.
- 4 It's always a good time for some TEE - Truth, Energy and Empathy!



- 5 Walk 10-30 minutes a day.
- 6 Get more actual games in your life, games that have no gain but the simple pleasure of playing them.
- 7 Read more books than you've read last year.
- 8 Sit silently (without a tv) for at least 10 minutes a day and take time to ponder things (for some - pray).
- 9 Invest at least 7 hours a night in your sleep. It'll pay back big time later on.
- 10 Smile while you walk those 10-30 minutes a day.
- 11 Do not compare your life to those of others, it's easy to see the good but the bad is as well hidden as yours, or better. You have no idea what their lives are really like or if they are happy inside, get on with yours instead.
- 12 Don't waste time and energy thinking of things you will never be able to change. Instead, use that energy to work towards future positive moments. Make your spouse laugh for a moment, isn't that better than feeling bad?
- 13 Don't be extreme in any action. Remember that truth is mostly in the middle, and life is hardly black and white.
- 14 Accept the fact that you will sometimes lose the argument, and that you were wrong. Or if you still think you are right, agree to disagree. Very few people have ever been shouted into true agreement.
- 15 Don't waste your energy complaining about people you don't know and their actions. You have no idea what motivates or what led them to that decision. Judging is so easy and even a 4 year olds can do it. The driver honking at you might have had a horrible day, or is anxious to see his sick wife at the hospital while worried about making money; We only see the behavior, never the events leading to it.
- 16 Dream more while you are awake.



- 17 Envy is a waste of time. You already have what you need, and being envy won't create more for you.
- 18 Try to never again bring up your spouse's past mistakes. It WILL destroy your present happiness, and even being right - just isn't worth it.
- 19 Life is too short to hate people. You should fearsome and pity others, but hate is a bigger waste of time than any other emotion.
- 20 Make peace with your past, or it will make short work of your future.
- 21 No one controls your level of happiness but you.
- 22 Life is the school, remember that you are here to learn. Problems are like tests, and the lesson you take will help you solve the next one correctly.
- 23 Smile and laugh more with your entire face, including your eyes. Find humor when you can.
- 24 Don't take yourselves so seriously, no one else will!



Community

- 25 Call your family often enough so they feel like you are walking besides them in this life.



- 26 Every day - do at least one good thing for others that really helps them out. It will make you feel better about your own and later on - someone grateful will help you when you need it.
- 27 Try to forgive, it's the hardest thing there is, much harder than hate.
- 28 Spend some time with people over 70 and under 6 - it will teach you patience and empathy.
- 29 Try to make at least 3 people smile, every day.
- 30 What other people think of you is none of your concern, since they'll never tell you! So why bother? Live your life and stop wondering what's on the other side of their skulls, you will never know the complete truth!
- 31 Your work buddies won't take care of you when you're sick. Your family and friends will. Don't let people that care about you out of your life. We all need help at some point, don't throw caring away.



Life

- 32 Do the right thing. The kind that doesn't leave anyone hurt, despite your personal feelings. It will be worth its while in the long run.



- 33 Get rid of anything that isn't useful, beautiful, and sentimental or brings you true pleasure in life.
- 34 Forgiveness can heal more than you can ever imagine. It can revive relationships and rekindle love and true appreciation. Forgiveness is a way to show strength, and strength is impressive and attractive.
- 35 Doesn't matter how good or bad the situation is - it will change at some point. So plan for either and don't lose your head to overjoying or over fearing.
- 36 Doesn't matter how you feel at this particular moment - get up, get dressed and be there on time. A good start will help get rid of that feeling.
- 37 If actors can become huge successes in their 70's, you can believe that the best is yet to come. And if it isn't, then try to create the best for someone else, it will often be surprisingly great for you as well.
- 38 When you wake up alive in the morning, don't take it for granted - embrace life!
- 39 The biggest secret is that anyone can be happy. But some decide they won't be and then look for reasons to support that theory. Don't fall for that! Assume you are happy and find reasons to support that claim! Keep creating these reasons, and you just might start believing it.
- 40 Enjoy yourself, every day. Remember, life is just a ride, and you are shown many different things, some wonderful, other awful. But you always continue and it is always just a ride. Enjoy it.

So remember! "Enjoy yourself, it's later than you think... enjoy yourself, while you're still in the pink... The years go by... as quickly as a wink...."



AN EYE OPENER: INTERVIEW

One young academically excellent person went to apply for a managerial position in a big company. He passed the first interview; the director did the last interview, made the last decision. The director discovered from the CV that the youth's academic achievements were excellent all the way, from the secondary school until the postgraduate research, never had a year when he did not score.

The director asked, "Did you obtain any scholarships in school?" The youth answered "none".

The director asked, "Was it your father who paid for your school fees?" The youth answered, "My father passed away when I was one year old, it was my mother who paid for my school fees".

- 1 The director asked, "Where did your mother work?" The youth answered, "My mother worked as clothes cleaner. The director requested the youth to show his hands. The youth showed a pair of hands that were smooth and perfect".
- 2 The director asked, "Have you ever helped your mother wash the clothes before?" The youth answered, "Never, my mother always wanted me to study and read more books. Furthermore, my mother can wash clothes faster than me".
- 3 The director said, "I have a request. When you go back today, go and clean your mother's hands, and then see me tomorrow morning".



- 4 The youth felt that his chance of landing the job was high. When he went back, he happily requested his mother to let him clean her hands. His mother felt strange, happy but with mixed feelings, she showed her hands to the kid. The youth cleaned his mother's hands slowly. His tear fell as he did that. It was the first time he noticed that his mother's hands were so wrinkled, and there were so many bruises in her hands. Some bruises were so painful that his mother shivered when they were cleaned with water.
- 5 This was the first time the youth realized that it was this pair of hands that washed the clothes every day to enable him to pay the school fee. The bruises in the mother's hands were the price that the mother had to pay for his graduation, academic excellence and his future. After finishing the cleaning of his mother's hands, the youth quietly washed all the remaining clothes for his mother. That night, mother and son talked for a very long time. Next morning, the youth went to the director's office.
- 6 The Director noticed the tears in the youth's eyes, asked: "Can you tell me what have you done and learned yesterday in your house?" The youth answered, "I cleaned my mother's



- hand, and also finished cleaning all the remaining clothes”.
- 7 The Director asked, “please tell me your feelings”. The youth said, “Number 1, I know now what is appreciation. Without my mother, there would not BE the successful me today. Number 2, By working together and helping my mother, only I now realize how difficult and tough it is to get something done. Number 3, I have come to appreciate the importance and value of family relationship”.
- 8 The director said, “This is what I am looking for to be my manager. I want to recruit a person who can appreciate the help of others, a person who knows the sufferings of others to get things done, and a person who would not put money as his only goal in life. You are hired”. Later on, this young person worked very hard, and received the respect of his subordinates. Every employee worked diligently and as a team. The company’s performance improved tremendously.
- 9 ***Moral: If one doesn’t understand and experience the difficulty it takes to earn the comfort provided by their loved ones, they will never value it. The most important thing is to experience the difficulty and learn to value hard work behind all the given comfort.***

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BOLLA IS HE MAN !



He is Srikanth Bolla, a 24 year old blind entrepreneur from Hyderabad, and he is my hero from now on. When he was born, his parents, who were earning Rs 20,000 in a year, were advised to get rid of him, but somehow he survived. Despite getting 90% in class 10th, he was not allowed to choose Science stream for 12th; he sued the State Govt., fought for 6 months, and won the case. He scored 98% with Science in 12th.

When IITs and NITs didn't give him hall ticket for writing competitive exams, he applied overseas, and got selected in 4 of the best colleges ever created on Earth: MIT, Stanford, Berkeley, and Carnegie Mellon. He chose Massachusetts Institute of Technology, received a scholarship, and was MIT's first International blind student.

After returning from US in 2012, he launched Bollant Industries, where 60% of employees are poor, physically challenged. This 450 employees company is now worth Rs 50 crore, and even Ratan Tata had to invest in him.

As per him, "I was made blind by the perception of people.." When the world said to him that you can't do anything, Bolla said, "But I look up at the world and say I can do anything."



DIFFERENT STAGES OF HUMAN LIFE !

When God created the dog he said, “Sit all day by the door of your house and bark at anyone who comes in or walks past. For this, I will give you a life span of twenty years.” The dog said, “That’s a long time to be barking. How about only ten years and I’ll give you back the other ten?”

And God saw it was good.

When God created the monkey he said, “Entertain people, do tricks, and make them laugh. For this, I’ll give you a twenty-year life span.” The monkey said, “Monkey tricks for twenty years? That’s a pretty long time to perform. How about I give you back ten like the dog did?”

And God, again saw it was good.

When God created the cow he said, “You must go into the field with the farmer all day long, work under the sun, have calves and give milk to support the farmer’s family. For this, I will give you a life span of sixty years.” The cow said, “That’s kind of a tough life you want me to live for sixty years. How about twenty and I’ll give back the other forty?”

And God agreed it was good.

When God created man he said, “Eat, sleep, play, marry and enjoy your life. For this, I’ll give you twenty years.” But man said,



“Only twenty years? Could you possibly give me my twenty plus the forty the cow gave back, the ten the monkey gave back, and the ten the dog gave back? That makes eighty years, okay?”

God agreed, and that is why for our first twenty years, we eat, sleep, play and enjoy ourselves. For the next forty years, we slave in the sun to support our family. For the next ten years, we look like a wizard monkey and do monkey tricks to entertain the grandchildren. And for the last ten years, we sit on the front porch and bark at everyone.

“Sometimes you are unsatisfied with your life, while many people in this world are dreaming of living your life”

A child on a farm sees a plane fly overhead & dreams of flying. But, A pilot on the plane sees the farmhouse & dreams of retairing home.

That’s life ! Enjoy yours If wealth is the secret to happiness, then the rich should be dancing on the streets. But only poor kids do that.

If power ensures security, then officials should walk unguarded. But those who live simply, sleep soundly.

If beauty and fame bring ideal relationships, then celebrities should have the best marriages.

Live simply, walk humbly and Love genuinely All good will come back to you..”

“DREAMS ARE RENEWABLE. NO MATTER WHAT OUR AGE OR CONDITION, THERE ARE STILL UNTAPPED POSSIBILITIES WITHIN US.”

ALL SUCCESSFUL AND UNSUCCESSFUL PEOPLE HAVE ONE THING IN COMMON 24 HOURS A DAY; IT’S HOW THEY USE THEM THAT MAKE THE DIFFERENCE.



STAY AWAY FROM ANGER

An American man walked into a restaurant in London. As soon as he entered, he noticed an African man sitting in the corner.

So he walked over to the counter, removed his wallet and shouted, “Waiter! I am buying food for everyone in this restaurant, except that black African guy over there!”

So the waiter collected the money from the man and began serving free food to everyone in the restaurant, except the African.

However, instead of becoming upset, the African simply looked up at the American and shouted, “Thank you!” That infuriated the man. So once again, the American took out his wallet and shouted, “Waiter! This time I am buying bottles of wine and additional food for everyone in this bar, except for that African sitting in the corner over there!” So the waiter collected the money from the man and began serving free food and wine to everyone in the bar except the African.

When the waiter finished serving the food and drinks, once again, instead of becoming angry, the African simply smiled at the American man and shouted, “Thank you! “That made the American man furious. So he leaned over on the counter and said to the waiter, “What is wrong with that African man? I have bought food and drinks for everyone in this bar except him, but instead of becoming angry, he just sits there and smiles at me and shouts ‘Thank you.’ Is he mad???”

The waiter smiled at the American and said, “No, he is not mad. He is the owner of this restaurant. May your enemies work unknowingly in your favor.



TITANIC SHIP

There were three ships which were nearby when the Titanic sunk. One of them was known as the Sampson. It was 7 miles away from the Titanic and they saw the white flares signaling danger, but because the crew had been hunting seals illegally and didn't want to be caught, they turned and went the opposite direction away from the Titanic. This ship represents us and people like us if we are so busy looking inward at our own sin and lives that we can't recognize when someone else is in need.

The next ship was the Californian. This ship was only 14 miles away from the Titanic, but they were surrounded by ice fields and the captain looked out and saw the white flares, but because the conditions weren't favorable and it was dark, he decided to go back to bed and wait until morning. The crew tried to convince themselves that nothing was happening. This ship represents those of us who say I can't do anything now. The conditions aren't right for it and so we wait until conditions are perfect before going out.

The last ship was the Carpathia. This ship was actually headed in a southern direction 58 miles away from the Titanic when they heard the distress cries over the radio. The captain of this ship knelt down, prayed to God for direction and then turned the ship around and went full steam ahead through the ice fields. This was the ship that saved the 705 survivors of the Titanic.

When the captain looked back at the ice fields they had come through, he said someone else's hands must have been at the helm of this ship! This ship represents those who would pray to God for direction and then go without hesitation. Life whispers in your soul and speaks to your heart. We need to take time to listen to these whispers and take heed. Let us LEND OUR HANDS always, to those in need.



AUDIENCE MAKE NOISE NOT PLAYERS

Happiness is a delicate balance between what you want and what you have. It is the inner joy that can be sought and caught but can never be taught and bought.

If you believe you are right but still people criticize you, hurt you, shout at you; do not bother. Just remember in every game, only audience makes noise not players.

Tough times are like physical exercise, you may not like it while you are doing it but tomorrow you will be stronger because of it.

If you think positively sound becomes Music, movement becomes dance,

smile becomes laughter, mind becomes meditation and life becomes a celebration.

Acceptance is a great quality that we need to possess because life never accepts how we are but we need to accept how life is.

Happiness keeps you Sweet!!; Trials keep you Strong!!; Sorrows keep you Human!!; Failure keeps you Humble!!; Success keeps you Glowing!!; But only, Faith keeps you going! Live Simply, Walk Humbly and Love Genuinely.

Tough times are like physical exercise, you may not like it while you are doing it but tomorrow you will be stronger because of it.

A drop of lemon can spoil gallons of milk, similarly a drop of ego can destroy the beauty of a very good relationship.

Sharing problems and asking for help does not mean that we are weak or incomplete. It indicates an advanced level of trust.

There is a wonderful mythical law of nature that the three things we crave most in life - happiness, freedom, and peace of mind are always attained by giving them to someone else.



Expecting & Accepting are two sides of life where expecting ends in tears while accepting makes you cheer. Stop expecting and accept life the way it comes.

Hard work is like a staircase and luck is like a lift. Lift may sometimes fail but staircase always takes us to the top.

Quality is never an accident. It is always the result of high intention, sincere effort, intelligent direction and skillful execution.

Behavior is somewhere greater than knowledge because there are many situations where knowledge fails, but behavior handles the things.

The fragrance of flowers spreads only in the direction of the wind. But the goodness of a person spreads in all directions.

Millions of flowers come out without forcing the buds to open. Reminding us that things happen perfectly only at the right time. So be patient and have trust in God.

When nails grow long, we cut the nails, not the fingers. Likewise when there are misunderstandings, cut the ego, not the relationship.

The most difficult task is to make everybody happy. The simplest task is to be happy with everyone. Surprisingly, the purpose of both is the same.

Acceptance is a great quality that we need to possess because life never accepts how we are but we need to accept how life is.

Where there is struggle, there is a story. Where there is belief, there are miracles and where there is truth, there is victory.

The greatest value of having good people around you is not what you get from them, but the better person you become by being with them



PLAN REST OF YOUR LIFE...

1. BE IN FLOW

End a life of commotion, external demand, and stress. Guide yourself to better moments — from the small things that matter such as getting a better parking spot, to life-changing new connections.

2. UNLEASH YOUR NATURAL HEALINGPOWER

Reconnect with your spiritual source and let the abundant healing energies flow from you to all those you meet, love and care about.

3. CREATE DEEPER CONNECTIONS

Strengthen your once quiet voice to one of great power. Fully connect with the people around you and grow your levels of empathy far greater than what you thought possible.

4. EXPERIENCE INCREASED CREATIVITY

Navigate through any obstacle on your path. Tune in with your psychic ability, and generate creative solutions to any problem you face — build bridges and opportunities where only struggle existed before.

5. TAP INTO YOUR INTERNAL SPIRITUALGUIDANCE

Live an authentic life full of purpose. Listen to your highest and most authentic self, so you can live a heartfelt life.





LEARN FROM YOUR OWN EXPERIENCE

No matter who tries to teach you lessons about life, you will not understand it until you go through it on your own.

People will hate you, rate you, shake you, and break you. But how strong you stand is what makes you.

Be stubborn about your goals, and flexible about your methods.



Life is like a ball of cotton fluff. Do not make it heavier by dipping it in the water of sorrow; but, make it lighter by blowing it in the air of joy.

Living today complaining about Yesterday, won't make tomorrow any better

Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared. There was never a night that could defeat sunrise, as equally there is never a problem that could defeat hope. Hope for the best always.

Never be like a parrot in life; Be like an eagle. A parrot speaks but can't fly high.

Whereas an eagle is silent and has the willpower to touch the sky. Success is never achieved by the size of the brain, but it is always achieved by the size of one's THOUGHTS.

Do not judge each day by the harvest you reap but by the seeds that you plant. Tough times are like physical exercise, you may not like it while you are doing it but tomorrow you'll be stronger because of it.

Big and heavy doors swing easily on small hinges. Similarly, all long term relations remain alive and steady on small gestures of care and concern.

Negative thoughts and tensions are like birds, we cannot stop them from flying near us but we can certainly stop them from making a nest in our mind. Two simple tips to stand strong in every situation: Never take help of tears to show your emotions and never take help of words to show your anger. Be positive think positive.

Wrong is wrong even if everyone is doing it. Right is right even if no one is doing it. Dreams are the seeds of change. Nothing ever grows without a seed and nothing ever changes without a dream. Dream on, move on and change the world.

Lord Krishna says in Bhagvat Gita: If you do not fight for what



you want, do not cry for what you lost. Nothing depends on luck; everything depends on work because even luck has to work. When you feel like QUITTING think about why you STARTED.

If you have the spirit of understanding everything in a positive way, you will enjoy each and every moment of life, whether it is pressure or pleasure. Be a player who runs for the goal, not a referee who looks for the faults. The less we respond to negative people, the more peaceful our life becomes.

Don't choose such people who have reached Heights. Choose those people who can hold you when you fall from heights, because LOYAL is better than ROYAL. Doubt and Faith both are status of mind. Doubt creates the darkest moments in our finest hour while Faith brings finest moments in our darkest hour.

True guidance is like a small torch in a dark forest. It does not show everything at once but gives enough light for the next step to be safe. A good life is when you assume nothing, do more, smile often, dream big, laugh a lot, and realise how blessed you really are with what you have.

Listen to everyone and learn from everyone, because nobody knows everything but everyone knows something. If someone talks bad about us, we feel bad. If someone talks good about us we feel good. The question is, have we given our remote control to others for the way we feel? Live your life in your own way.

People will hate you, rate you, shake you, and break you. But how strong you stand is what makes you.

“When we get little, We want more, When we get more, We desire even more, but When we lose it, We realize LITTLE was enough. Think twice and act wise.”

Our all fingers are not in the same length. But when they bend all stands equal. Life becomes easy when we bend and adjust in all situations. Sometimes some things go wrong so that we can grow strong. Sometimes some things go bad so that we can grow better. Life is all about holding on to your beliefs and being positive.



To think is easy. To act is hard. But the hardest thing in the world is to act in accordance with your thinking. When you talk, you are only repeating what you already know but if you listen, you may learn something new. So please listen to learn.

Life is very similar to a boxing match. Defeat is not declared, when you fall down. It is declared, when you refuse to RISE UP. Who will work in my absence? Sun asked the entire world during sunset. Everyone remained silent but the candle whispered, 'I Will Try My Level Best'. It is not the size but the attitude that shines.

Winning horse does not know that it runs in a race. It runs because of beats and pain. Life is a race, god is your rider so if you are in pain THINK that god wants you to win.

“My pain may be the reason for somebody’s laugh. But my laugh must never be the reason for somebody’s pain”. Quality is never an accident. It is always the result of high intention, sincere effort, intelligent direction, and skillful execution.

Neither anyone in this world is born as our Friend nor born as our Enemy. Behavior, Attitude and Approach makes them become either one. Our problem is never really our problem; our reaction to the problem is really our problem. Be stubborn about your goals, and flexible about your methods.

Hurting someone is as easy as throwing a stone in the sea but do you have any idea how deep that stone can go. Gold and silver are hidden deep under the earth. Pearl and coral are deep under the sea. But peace and joy are hidden in our mind and soul. Stop searching them outside. Life is a combination of adjustments and compromises. Adjust when someone wants to be with you and compromise when you want to be with someone.

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ON THE DEATH BED OF TOM SMITH.....

At the point of death a man, Tom Smith , called his children and after praying for them, he advised them to follow his footsteps so that they can have peace of mind in all that they do.

The youngest child, Immaculate, a female, looked at others and yelled, Daddy it is unfortunate you are dying without a penny in your bank account, personally, I can't emulate you. Other fathers that you tag as being corrupt, thieves of public funds left houses and properties for their children; even this house we live in is a rented apartment, sorry, i can't emulate you, just go, let's chart our own course, let's paddle our own canoe. Few moments later, their father gave up the spirit.

Three years later, Immaculate went for an interview in a multinational company. The interview panel had already penciled down a candidate for the highly coveted post but wanted to complete the formality of interviewing all applicants on the list. As soon as Immaculate sat before the interview panel, the Chairman of the committee asked, "Which Smith is yours" and Immaculate replied, "I am Immaculate Smith. My Dad Tom Smith is now late he died a poor man..." But the Chairman cuts in, O my God, you are Tom Smith's daughter? He turned to other members and said "This Smith man was the one that signed my membership form into the Institute of Chartered Administrators and his recommendation earned me where I am today. He did all these free. I didn't even know his address, he never knew me from Adam. He just did it for me. He turned to Immaculate, I



have no question for you, consider yourself as having gotten this job, resume tomorrow, your letter will be waiting for you.

Immaculate Smith became the Corporate Affairs Manager of the company with two cars, one official and one for private use, attached to the office, with a duplex and two drivers and a salary of £100,000 per month excluding allowances and other costs when she travelled outside England.

After two years of working in the company, the Group Managing Director of the company came from America to announce his intention to resign and needed a replacement. A personality with high integrity was sought after, again the company's Consultant nominated Immaculate Smith.

In an interview, she was asked the secret of her success and the sudden sky rocketing profile and in tears, she replied, my Daddy paved these ways for me. It was after he died that I knew that he was financially poor but stinking rich in integrity, discipline and honesty. She was asked again, why she is weeping since she is no longer a kid as to miss her dad still after a long time. She replied, "At the point of death, I insulted my dad for being an honest man of integrity. I hope he will forgive me in his grave now. I didn't work for all these; he did it for me to just walk in.

So finally she was asked," Will you follow your father's footsteps as he requested? And her simple answer was, "I now adore the man, I have a big picture of him in my living room and at the entrance of my house. He deserves whatever I have after God. Are you like Tom Smith? It pays to build a name, the reward doesn't come quickly but it will come however long it may take and it lasts longer. Integrity, discipline, self-control and fear of God makes man wealthy, not the fat bank account. Leave a good heritage for your children. Are you building a good name for your children & not a fat bank account? As an agent of CHANGE, please share this true life story with your loved ones.

Learn to Enjoy Every second Of Your Life ... Be Happy Now. Don't Wait For Something Outside Of Yourself To Make You Happy In the Future ... Think how Really Precious Is The Time



You Have To Spend, Whether It's At Work or With Your Family ...
Every second Should Be Enjoyed and

Savored!! And Most Importantly Always Remember That ... Try
To Make At Least One Person Happy Every Day ... If You Cannot
Do A Kind Deed, Speak A Kind Word ... If You Cannot Speak A
Kind Word, Think OF A Kind Thought ... Count Up, If You Can,
The Treasure Of Happiness That You Would Dispense In A Week,
In A Year, In A Lifetime...!!

Man has fought thoughtlessly, throughout human history,
arguing about the superiority of one race over others. Men may
differ in characteristics and qualities such as caliber, character,
charm, cognition, color, community, complexion, costume,
courage, creed, culture and customs. But he is the roof and crown
of creations and a noble work of God. We must appreciate unity
in diversity and harmony in variety.

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PROFILE OF

CA Dr. VISHNUBHARATH ALAMPALLI



Personal Details

Born on 2nd Feb 1952 in an illustrious family of businessmen and acquired B.Com, FCA at the age of 21 years, youngest to pass CA in Institute history. Figured in an all India Merit list, both Inter and Final CA Exams.

PRESENT

- Practicing Sr. Chartered Accountant from past 42 years
- Vice President of APS Education Trust, (82 years of repute)
- Chairman – PHF Co., (P) Ltd-Transit Living Service Apartments
- Executive President – Karnataka Federation of United Nations UNESCO
- Director – CANFINA Financial Services, Subsidiary of Canara Bank.
- Chairman –RV Integrated PU College
- President – Vasavi Vedha Nidhi Trust, Sanskrit school.
- Trustee – Welfare Trust of GMR Infra.
- Trustee – RSS Trust (75 years of repute), RV Institutions, Bangalore (Institution of 75 years)
- Secretary - SLAS Charitable Trust

PAST

- Chairman – Southern India Regional Council of Institute of Chartered Accountants of India. Recipient of Best Region award of ICAI
- President – Karnataka State Chartered Accountants Association
- Chairman – Bangalore Branch of SIRC of ICAI. Received Best Branch award of ICAI.
- Managing Committee Member of FKCCI 18 years.
- President – Vasavi CA Charitable Trust.
- Chairman – NMKRV Degree College.
- Chairman – Education committee of FKCCI
- Member – Fiscal Laws Committee (FICCI), New Delhi

AWARDS

- HONORABLE DOCTRATE by Mangalore University.
- HONORARY PROFESSORSHIP by Tumkur University.
- RASHTREEYA UDYOG, VIKAS JYOTHI. VASAVI SIRI, KANNADA SIRI

AUTHORED

- AUTHORED 29 BOOKS, “LIFE IS LIKE A JOURNEY ON A TRAIN” & “HEALTH IS WEALTH & IT IS TAX FREE” IS RECOGNISED BY INTERNATIONAL PUBLISHER AND MADE IT AVAILABLE IN 158 COUNTRIES.

- PERSONAL GUIDE TO INCOME TAX Published by FKCCI.
- A WOMANS WORLD – Released by Governor of Karnataka.
- A MAN’S WORLD – All about how to achieve success
- KNOW MORE – Knowledge is Strength
- ARYA VYSA BOOK- All about Arya Vysya’s
- “HEALTH IS WALTH AND IT IS TAX FREE” Tips for good health.
- “LIFE IS PRECIOUS” Importance of Human life.
- “BANK UPON YOUR BANK” Released by FKCCI.
- “VARIETY IS SPICE IN LIFE” Short stories.
- “FESTIVALS OF INDIA” All about Indian Festivals.
- “I LOVE MY INDIA” Sponsored by Canara Bank.
- “Words of Wisdom” Sponsored by ITC Ltd.,
- “Failure is stepping stone for success” spon by GMR Infra Ltd.,
- “Life, Friendship & Happiness” sponsored by GMR Infra Ltd.,
- “Adinarayana Mahime” of SLAS Charitable Trust.
- “ V CAT Referencer” A guide for Business man – by V CAT.
- “Centurian Narmada Bai”
- “GOD THE ALMIGHTY” Sponsored by Canara Bank.
- “LIFE IS A LIKE A JOURNEY ON A TRAIN”- God is Travel Agent.
- “KILL THE ILL WITH OUT THE PILL –” Spon. Canara Bank.
- “SMILE & SMILE ALL THE WAY – IT IS TAX FREE” Spon. Advait
- PAST PRESENT & FUTURE – Spon. By Abaran Jewellers.
- LIVE LIFE BEFORE YOU LEAVE LIFE – How to live full life.
- FLIP FLOP INDIA – Merits & De merits of India.Spon:CANFIN HOME
- ASTOUNDING FACTS – Facts of Precious Life. Spon: Advait
- International release of “LIFE IS LIKE A JOURNEY ON TRAIN”
- International release of “HEALTH IS WEALTH & TAX FREE”
- EXEMPLARY POWER OF PRAYER
- MAN - THE CROWN OF CREATIONS

OTHERS

- Toured all over the world & Member of Red Cross Society
- Given Interview in AIR and Doordarshan – Public Cause
- Has keen interest in Farming and Agriculture
- Good Sportsman and Regular Swimmer &Yoga enthusiast

HOBBIES

- Very active in FACEBOOK with 3000+ Friends.
- Innovative WEBSITE **vishnubharath.com** more than 20000 people visit my site.
THE TEXT OF ALL MY 29 BOOKS ARE IN MY SITE.
- In contact with 15000+ DAILY, with email for useful & valuable info.