

Friendship is silent gift of nature. More old more strong. More care more respect. Less words more understanding. Less meetings more feelings.

PREFACE:

I am indeed glad to publish my 15th book under the title “Life, Friendship & Happiness”. Life is very precious & special, no one has yet realised why and what for life. Life is half spent before we can even understand what it is. Life is sweet for those who think and life is bitter for those who feel. Life is worth living, people are worth loving and God is worth trusting. Life can only be understood backwards. Life is made of millions of moments. You only live once, make the best use of it. What matters is not how long you live but how well you live. When life is like a sour lemon, make the best use of it; make lemonade.

Different people have described LIFE in different ways and I am able to gather for your digestion. It is given in a capsule form and you have to read, think and register in your mind and only then it could be digested. Life is from the date of birth to date of death and how you utilize the precious life is entirely left to your discretion. As you cannot carry anything with you, when you depart from this world, the good work done will be there forever to benefit humanity.

Family (Father And Mother I Love You) by chance you get your family, very limited in number and you do not have any choice of what so ever nature to choose. Friend –(The person who freak till end is the friend) could be by choice and it is up to you to choose, unlike relatives & Family there is no limit to have friends. If you have good family and friends, your life is supposed to be interesting, enjoyable and brings immense happiness.

I am extremely thankful to M/s GMR Infra Ltd., for sponsoring this book, and I am very confident of good readership and request to share this knowledge with the people you love, people you school with, people you play with, people you work with and people you live with. Not only will it enrich YOUR life, but also that of those around you.

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LIFE:

HOW TO LEAD THE LIFE

* Life is a gap between “ Date of Birth to Date of Death “

Yes, you had struggles to get through, troubles to overcome, loved ones to deal with, and goals to achieve. But a break from it all is more than necessary. It's perfectly healthy to stop and let the world spin on without you for a while. It's good for you to spend time alone. It gives you an opportunity to discover who you really are, and to figure out why you truly are always alone.



*CREDIT YOUR EFFORT DESPITE THE RESULT:

Failure keeps you grounded, success keeps you alert, but only faith and determination keeps you going. So stay focused, and celebrate your efforts, not your outcomes. Challenges are what make life interesting, overcoming them is what gives life meaning. Remember that the opposite of failing is not succeeding; the opposite of failing is trying.

*REACT RIGHT:

If you can change your thinking, you can change your life. You have a thought process which you ride on when you are alone and quietly thinking. The worth of your life to yourself and

others, as well as the happiness it brings, depends upon the way your process works, the baggage it carries, and the emotional space through which it travels. Between life's stimulus and your reaction is where this space exists; within it is your power to choose how you react, and in your reaction lies your growth, freedom, and happiness.

***LISTEN TO YOUR INNER VOICE:**

Some people will kill you over time if you let them; and how they'll kill you is with tiny, harmless phrases like, "be realistic." When this happens, close your ears and listen to your inner voice instead. Remember that real success in life isn't what others see, but how you feel. It's living your truth and doing what makes you feel alive.



***EXERCISE POSITIVITY:**

You deserve a day when worries don't get in the way of your happiness. A day where, even if some people are insensitive or unkind, you're not going to mind because you realize that the blessings you received are far more precious than the burdens you once experienced. You can create a day like this for yourself. There is power in positivity.

***FOCUS ON THE NEXT LOGICAL STEP FORWARD:**

There are no hopeless situations; there are only people who have grown hopeless about them. So keep your hope alive. Don't dwell on what went wrong. Instead, focus on what to do next. Spend your energy moving forward toward a solution. If you take full responsibility for yourself and your current situation, you will develop a hunger to accomplish your dreams, and you will discover a way to get there.

***BE KIND:**

The best choice you can make is to be genuinely respectful and authentically kind. Though your kindness will not always be returned, it will certainly be noticed. And even when it's not fully appreciated by others, your kindness will always inject more positive value into your own life. What you give comes back to you in ways that are impossible to predict. So give your kindness as often as you can, and enjoy the more positive world you are helping to create.



***APPRECIATE PEOPLE, THOSE THAT HAVE EARNED IT:**

You develop three kinds of friendships in life: friends for a reason, friends for a season, and friends for a lifetime. Take note of who these 'lifetime friends' are and never overlook their worth. Just because they are reliable and there when you need them, doesn't mean you should fail to give thanks and appreciation on a regular basis. To value someone too lightly is to risk missing their goodness before they're gone.

***BE GRATEFUL FOR BLESSINGS:**

We often take for granted the very things that most deserve our gratitude. What if you gave someone a gift and they neglected to thank you for it? Would you be likely to give them another one? The daily events in your life respond the same way. In order to attract more of the blessings that life has to offer, you must be grateful for what you already have.



***ENJOY YOURSELF:**

In between all your goals, priorities, obligations, and everything else that might appear on one of your upcoming to-do lists, there are moments called 'life' that still have to be lived and enjoyed. The trick is to make the best of each moment, and value it for what it's worth. In other words, don't wish all your time away by waiting for better times ahead. Smile, right now, because you can.

*Wealth and power are fruits of life. Family and friends are roots of life. A tree can live without fruits, but not without roots.

*Life sometimes takes unknown turn; don't be afraid to travel it. Someday that turn will take you to untouched heights on top of the world.

*Life is better when you are happy but life is at its best when other people are happy because of you, be inspired, give love and share your smile with everyone.

*Always take extra care of three things in life, which are trust, promise and relationship because they do not make noise when they break, they only create silence.

*Don't expect anything from life, expectations hurt. When you don't expect, every moment is a surprise and surprises bring happiness.

*Life is an ECHO, all comes back, the good, the bad, the false, the true, so give the world the best you have and the best will come back to you.

*Life is a novel of mystery you never know which page will bring a good twist in the story. Keep on reading because happiness comes when it is most unexpected.

*Life sometimes takes unknown turn; don't be afraid to travel it. Someday that turn will take you to untouched heights on top of the world.

*Do not go through life, grow through life. Life never leaves you empty; it always replaces everything you lost. If it asks you to put something down, it is because it wants you to pick up something better.

*No candle loses its light while lighting another candles never stop sharing, caring and helping others because it makes your life even more meaningful.

*Life is a daily cleansing; negativity must be washed away, if you wish to attract positive experiences to your life.

*Life is a book of mystery. You never know which page will bring a good twist in the story. Keep on reading because happiness comes when it is most unexpected.

*In life you get a lot to lose and very little to choose. So whenever you get chance to choose, do it wisely and make it sure that you never loose what you choose.

*Diet plan of life- Eat your words, swallow your pride, digest teaching of guru/teacher, eliminate your ego, for desert indulge in satang.

*Does not worry if others do not understand you; worry only if you cannot understand yourself? Live in your passion and love your life.

* Life is a very simple exam but many fail why because they try to copy others, not knowing that each one has got a different question paper.

*Life is the hardest school. We never know what exam we will have next and we cannot cheat, because nobody else will have the same questions.

*Life has so many great options but you do not have to pick what seems to be the best just pick what makes you happy and it will be the best.

*Two things to remember in life take care of your thoughts when you are alone and take care of your words when you are in crowd.

*Past of ice is water; future of ice is water too, so live like ice, no regrets for past, any worries about future.

*Life is like a coin. Pleasure and pain are two sides only one side is visible at a time but remember other side is also waiting for its turn.

*Every day is special if you think so, every moment is memorable if you feel so, everyone is unique if you see and life is wonderful if you live so.

*Birth was not our choice, death is also not our choice, but the way we live our life is absolutely our choice. Enjoy it and make each day memorable.

*Anybody can love a rose, but it takes a great deal to love a leaf, do not love someone just because the person is beautiful, but love the one who can make your life beautiful.

*Life is really nothing without love. Give everyone your love, but do not expect it back because "It is not a deal, it is a feel"

*A happy person is always happy not because everything is right in their life. They are happy because their attitude towards everything is right.

*Every test in life makes us bitter or better. Every problem comes to make us or break us. Choice is ours, whether become victim or victor.

*Life is at its weakest when there are more doubts than trust, but life is at its strongest when you learn how to trust even if there are doubts.

*Unexpected results and problems are part of life. Never lose hope in any condition, because darkness of night always finishes with light of the day.

*Patience and silence are powerful energies. Patience makes you mentally strong. Silence makes you emotionally strong. Have a strong and healthy life.

*It is a long journey between human being and being human. Let us travel at least one step daily to cover the distance.

*We cannot tailor-make the situations in life; we can tailor-make the attitude to face those situations.

*Audience sees a Joker as a comedian, but the Joker see himself as a performer. Life is also like a circus, the way you see yourself, may not be the way others see.

*Two gems of life: 1. Live life to express and not to impress, 2. Do not strive to make your presence noticed just make your absence felt.

*Like birds, let us leave behind what we do not need to carry- grudges, sadness, pain, fear and regrets. Life is beautiful, enjoy it. Happy times all the time.

*Do not be so much emotional in your life that it hurts you and do not get too much practical in life that it hurts others.

*Live with no excuses and love with no regrets. When life gives you a hundred reasons to cry, show life that you have thousand reasons to Smile.

*Life is a compromise between your feelings and reality. At every stage you have to quit your feelings and accept the reality.

WHAT IS LIFE?

*You want and you get that is luck, you want and you wait that is time, You want and you earn that is ability, you want but you compromise and that is life.

*No one has travelled the road of success, without crossing streets of failure. God never promised easy journeys in life. He only promised Great Destinations.

*A lot of people end up unhappy in life only because they usually make the mistake of taking Permanent decision, on temporary emotions.

*Never forget three types of people in your LIFE:

(1) Who helped you in your difficult times?

(2) Who left you in your difficulties and

(3) Who put you in difficult times?

*Fantastic lines of Mother Teresa" "if you're EYES are positive, you will like the world. If your TONGUE is positive the world will like you".

*Success and Excuses do not talk to each other. So if we give Excuses forget about Success and if we want Success, forget about Excuses.

*BELL has NO SOUND until someone rings it. SONG has NO TUNE until someone sings it. Never hide your FEELINGS because it has no

value till someone feel it.

*Why there is so much stress in life? It is because we focus too much on improving our LIFESTYLE rather than our LIFE.

*The most difficult phase of life is not when no one understands you; But, It is when you don't understand yourself.

*For everything you have missed, you have gained something else; and for everything you gain, you lose something else.

*It is about your outlook towards life. You can either regret or rejoice, choice is yours.

*It feels good to stand on ground and watch up high at your AIM.... But it feels BEST, when you stand up high and others watch YOU as their AIM.

*Life is similar to Boxing game. Defeat is NOT declared when you fall down. It is declared when you refuse to get Up.

*The best pair in the world is "Smile and Cry". They will not meet each other at a time. If they meet, that is the best moment of the life.....!

*When a cyclone strikes... Huge trees get uprooted, but the simple grass survives. Be noble and humble like the grass. Simple but strong.

*Life is not about the people who act true in your presence. It is about the people who remain true in your absence. Keep them safe in your Heart.

*One thing we need to learn from life is that getting 'UPSET' will not help. Instead getting 'UP' to 'SET' the things right will Help. Success in life will create crowd behind you.

*Loneliness in life will create space around you. But though times in Life will create the true person in YOU.

*Our HOPE should be like our HAIR AND NAILS. No matter how many times they get CUT. They never STOP GROWING.

*If the Road is beautiful then, worry about the destination, but if the destination is beautiful, then don't worry about the road.

*When you are in ANGER, you are just 1 letter short in DANGER.
While you are GOOD to others, you are 1 letter more than GOD.

*Life never seems to be the way we want it, but we live it the best way we can. There is no perfect life, but we can fill it with perfect moments.

*Never hold your head high with pride and ego, even the winner of a Gold Medal gets his medal only when he bows his head down.

*Life is like a Badminton Match. If you want to win Serve Well and Return well and do remember that the game starts with LOVE ALL.

*Everyone wants HAPPINESS. No one wants PAIN. But you can't have a RAINBOW without a LITTLE RAIN.

***God is always playing chess with us. He makes moves in our life and then see how we react to the challenge, so keep on making the best move before it is check mate.**

***Reach boldly for the miracle. God knows your gifts, your hindrances, and the condition you are in at every moment.**

*Family, Health, Friends and Spirit : These things do not come with price tag, but when we lose them, we realise the cost.

*We are very good Lawyers for our mistakes. Very good Judges for others mistakes.

*EYES express FEELINGS better than words
TOUCH shows CARE more than words but
WORDS when properly used can catch the EYES and TOUCH the heart.

*Never try to maintain Relations in your Life. Just try to maintain life in your relations.

*Worries are like Moon. One day will increase, one day will decrease, other day may not be seen, so don't worry for anything always be cool.

*Our life begins with our CRY, Our life ends with CRY,
Try to utilise this gap with laugh as much as possible in between these

cries.

*Hardest moment is not when you lose something & tears come out of your eyes, but it's when you lose something and still manage to smile.

*How beautifully GOD keeps on adding one more day in our life!! Not only because you need it...because someone else need you every day.

*A Good Relation does not depend on how good Understanding we have... But it depends on how we avoid Misunderstanding.

*We categories experiences as Success or Failure, Good or Bad, Positive or Negative, Favorable or Unfavorable, This or That.... but in reality, experiences have no negative connotation. Every experience simply offers you a learning.

*Opportunity If you are Depressed or if you are Confused or if you are Hurt then don't worry. Go in front of the mirror, YOU will find the best person who will solve all your problems.

*A "Broken Trust" can be best described as Melted Chocolate. No matter how hard you try to freeze it, it will never return in its true shape.

*To become learned, each day add something. To become enlightened, each day drop something.

*Never feel bad if people remember you only at the time of their need. Feel privileged that they think of you like a candle in the darkness of their life.

*There are many things in life that will catch your eye, but only a few will catch your heart.... Pursue those.

*The single finger which wipes out tears during our failure is much better than the ten fingers which comes together to clap for our victory.

*"if your EYES are positive, you will like the world.
If your TONGUE is positive, the world will like you".

*Be what you want to be not what others want to see. – Never try to impress others.

*If you start trying impressing on others, you will fail. (you're cheating not only yourself but also the persons whom you're trying to impress).

*Life is to live, not to act.

*To be happy in life, you must learn the difference between what you want vs need.

*When you are successful, your well-wishers know who you are. When you are unsuccessful, you know who your well-wishers are.

*Life is not measured by the breaths we take but by the moments that take our breath away.

*It is great confidence in a friend to tell him your faults; greater is to tell his/hers.

*Most courageous person is the one who accepts his/her mistakes & weakness.

*Effort is important, but knowing where to make an effort in your life, makes all the difference.

*Never take some one for granted, Hold every person Close to your Heart because you might wake up one day and realize that you have lost a diamond while you were too busy collecting stones." Remember this always in life.

*Some people think that to be strong is to never feel pain. In Reality the strong people are the ones who feel it, understand it, and accept it.

*My pain may be the reason for somebody's laugh. But my laugh should never be the reason for somebody's pain. Never expect things to happen. Struggle and make them to happen.

*Never expect yourself to be given a good value. Create a value of your own.

*Don't handicap your children by making their lives easy.

*It is so funny that in the past nobody had watch but they had plenty of Time, on the contrary everybody has watch now but nobody has any time.

*A chain is only as strong as its weakest link" and this is very true to

every aspect of our life.

*No matter how many good habits we practice, one negative habit can damage everything.

*No matter how good our decisions have been in life, one wrong decision will change the entire flow after that.

*No matter how strong a family is, one member's action might disturb the peace and happiness of the entire family.

*Give a man a fish and he will eat for a day and look for other person to give him fish. Teach him how to fish, and he will not only eat fish but also give to others.

*True Love is eternal; cherish the Love when you have got the chance, For once it leaves you, and it would be difficult to get it back. Don't let Love be only a memory to you.

*Yes and No are very powerful words, Mean them when you say them and Respect them when you hear them.

*No dreamer is ever too small & No dream is ever too big.

*The future belongs to those who dare to dream and are ready to work for it.

*Little keys open BIG Locks, Simple words reflect GREAT Thoughts
Your smile can cure HEART Blocks, So keep on smiling it ROCKS!

*There are only two choices. Either you can be a history reader or become a history maker.

*"Half of the problems in life are because we ACT without THINKING and rest half is because we keep THINKING without ACTING"

*Every little smile can touch somebody's heart. No one is born happy but all of us are born with the ability to create happiness.

*Character is like Tree and Reputation is like its Shadow. The Shadow is what we think of it; the Tree is the real thing.

*If a drop of water falls on Lake, it loses its Identity, If it falls on Lotus it Shines, If it falls on Shell it becomes a Pearl, drop is the same but Company matters.

*The quality of a man's life is in direct proportion to his commitment to excellence, regardless of his chosen field of endeavor.

*YES & NO are too short words which need a long thought. Most of the things we miss in life are because of saying 'No' too early and 'YES' too late.

*All our dreams cannot be translated into reality, but they can act as foundation stone for glorious future, be positive always.

*Be close with someone who makes you happy but be closer with someone who can't be happy without you. Feel the difference!!

*If you are Depressed or if you are Confused or if you are Hurt then don't worry. Go in front of the mirror, YOU will find the best person who will solve all your problems.

*A "Broken Trust" can be best described as Melted Chocolate. No matter how hard you try to freeze it, it will never return in its original

*A Good Relation does not depend on how good Understanding we have... But it depends on how we avoid Misunderstanding.

*How beautifully GOD keeps on adding one more day in our life!! Not only because you need it...because someone else need you everyday.

*Apologising does not necessarily mean that you are wrong and other is right. It also means that you value relationship much more than Personal ego.

*To become learned, each day add something. To become enlightened, each day drop something.

*Never feel bad if people remember you only at the time of their need. Feel privileged that they think of you like a candle in the darkness of their life.

*Yes and No are very powerful words, Mean them when you say them and Respect them when you hear them.

*A tongue has no bones, but it can break a heart and also it can be a pillar of Strength to a broken heart.

*Little keys open BIG Locks

Simple words reflect GREAT Thoughts

Your smile can cure HEART Blocks, So keep on smiling it ROCKS!

*One good deed a day works in life like a thread woven each day in the quilt that will keep u warm in winters.

*Life is not a sharp knife to cut all those bad memories. But life is a needle to weave golden thread of sweet memories.

*Being good is not very easy; it's like being a goal keeper. No matter how many goals u save, people remember only the one u missed. That's life.

*Only a few people come into your life as blessings, whereas all others come into your life as lessons, cherish the blessings and value the lessons

*The price of discipline is always less than the pain of regret; self- discipline is the biggest investment for success in life.

*We cannot tailor-make the situations in life, we can tailor-make the attitude to face those situations.

*Mistake is a single page of life but relation is a complete book, so do not lose a full book for single page.

*Richest wealth is wisdom, strongest weapon is patience, best security is faith, most effective tonic is laughter and surprisingly all are free.

*Always take extra care of three things in life, which are trust, promise and relationship because they do not make noise when they break, they only create silence.



*It is a wonderful law of nature that the three things which we wish most in life happiness, freedom and peace are always attained by giving them to others.

*Richest wealth is wisdom, strongest weapon is patience, best security is faith, most effective tonic laughter and surprisingly all are free.

*Diet plan of life- Eat your words, swallow your pride, digest teaching of guru/teacher, eliminate your ego, for desert indulge in satsang.

*Life is better when you are happy but life is at its best when other people are happy because of you, be inspired, give love and share your smile with everyone.

*When something goes wrong take a moment to be thankful for the many more things that are still going right.

*A bell has no sound till someone rings it. A song has no tune till someone sings it. Never hide your feelings because it has no value till someone feels it.

*Does not worry if others do not understand you; worry only if you cannot understand yourself? Live in your passion and love your life.

*Mathematics may not teach us how to add love or how to minus hate. But, it gives us every reason to hope that, every problem has a solution.

*When you are in light everything will follow you. But when you enter dark even your own shadow will not follow you.

*You can count the number of seeds in the apple, but no one can count the number of apples in a seed. Future is unseen.

*Speak sweetly so that, if ever you have to eat your words, they don't taste bad. Smooth roads never make good drivers. Clear sky never makes good pilots. Problem free life never makes strong person. So don't ask life, why me? Say tries me.

*As cold water and warm iron take away the wrinkles of clothes, a mind and warm heart takes out the worries of life:

*If you stand for a reason, be prepared to stand like a tree. If you fall on the ground, fall like a seed that grows back to fight again.

*Whenever you have a dream inside your heart, never let it go because dreams are the tiny seeds from which beautiful tomorrow grows.

Life is not an iPod to listen to your favorite songs. It is a radio; you must adjust yourself to every frequency and enjoy whatever comes in it.

*How you see the world first determines your Attitude, and then your Attitude determines how the world sees you.

**Being good is not very easy, it's like being a goal keeper. No matter how many goals u save, people remember only the one u missed. That's life.*

*Everyman's life is a fairytale written by God. As a tale, so is life: not how long it is, but how good it is, is that matters. Learn to use what life gives you.

*Life is so simple. Only leaving becomes an art.

*Life is for mystiques, is not a science, but is a fine art but we know the craft of living and not an art of living.

- *Simple living –high thinking is the best way to live.
- *Life is not measured by the time span we live, but by the quality built into it.
- *Be in harmony with life and nature will bless you thousand folds.
- *Life is a tragedy for those who feel, and comedy for those who think.
- *The remembrance of a well-spent life makes life sweet.
- *From what you get, we can make a living; what we give, however makes a life.
- *High living and low thinking degrades human values.
- *If you can smile at life, life will always smile at you.
- *Enjoy your own life without comparing it with that of another.
- *Life can only be understood backwards but it must be lived forwards.
- *Life is a challenge-face it
Life is a dream-enjoy it
Life is a game-play it
Life is a problem-solve it
Life is an opportunity-use it.
- *Never get so busy making a living that you forget to make a life.
- *The tragedy of life is what dies inside the man while he lives.
- *There are three ingredients to the good life; learning, earning, and yearning.
- *Value your life and others will also value you.
- *We live as though we will never die, then die as though we never lived.
- *Life is not to be feared, it is only to be understood.

Life is only traveled once. Today's moment becomes tomorrow's memory. Enjoy every moment good or bad because the gift of life is life itself.

*The softness of a person's nature does not mean weakness. Because nothing is softer than water, but its force can break the strongest rocks.

*One has to take care of his actions because they will become his habits. One has to take care of his habits because they will form his character.

*Make your anger so expensive that no one can get it easily and make your happiness so cheap that everyone gets it from you.

*Lucky people get opportunities, brave people create opportunities, but real winners are those who convert their problems into opportunities.

*Money in the hands of a bad human being will destroy the existing world. Money in the hands of a good human being will create a new world.

*Some succeed because they are destined to, but most succeed because they are determined to.

*Victory is not a property of brilliants but it is a crown for those who pursue hard work with confidence and devotion.

*Silence on lips may avoid many problems. But, speaking with open heart can solve most of the problems. Always speak with the open heart.

*A happy person is always happy not because everything is right in their life. They are happy because their attitude towards everything is right.

*Never worry for the delay in your success as compared to others. Because construction of wonders takes more time, than ordinary structures.

*Don't turn back half way from your goal, as the distance still remains the same, either ways. The most desperate time in life is not when you are sad. It's when you have lots to say and you don't find that special one to hear you.

*Success is never permanent. Failure is never final. So always, do not stop doing efforts until your victory makes a history.

*Forget your own sadness by creating a little happiness for others. Because when you are good to others, you are best to yourself.

*Entire water of the sea can't sink a ship unless it gets inside the ship. Similarly negativity of the world can't put you down unless you allow it to get inside YOU.

*You will never reach your destination if you stop and throw stones at every dog that barks.

*Success of relationship does not depend on how good understanding we have but it depends upon how we avoid misunderstanding.

*Life survives on changes. Instead of avoiding, take every change as a challenge. It will either give us success or it will teach us how to succeed.

*The ups and down in life are very important to keep us going because a straight line even in an ECG means we are not alive.

*Life is the most difficult exam. Many people fail because they try to copy others - not realising that everyone has a different question paper.

*Think of "LIFE", certain you will find yourself charged!
Think of "NATURE" certain you will find yourself charged.

*Don't think that time will change our life. Time only changes the expiry dates of the opportunities.

*Motivation accelerates your journey to Success while Consistency will drop you at the destination. Both are vital things to accomplish on your Journey to Success.

*What is BLESSED is sure to happen, accept what comes in with mind kept open!
What is BLOCKED will not at all happen worry not and enjoy with life kept open.

*The price of discipline is always less than the pain of regret. Self-discipline is the biggest investment for success in life.

*The correct temperature at home is maintained by warm hearts and cool heads, not by good ventilation, fans and air conditioners.

*No and yes are words that need thought. Many of the troubles in life are the result of saying yes too soon or no too late.

*Open your book of life only to a few people because in this world very few care to understand the chapters others are just curious to know the story.

***When you move your focus from competition to contribution, life becomes celebration. Never try to defeat people, just win them.**

*You cannot change your future. But, you can change your habits, and surely your habits will change your future.

*"No moment is permanent in life" read this line whenever you are happy, angry, upset, cheated, lonely or sad. It works always.

*If you desire to blossom like a rose in the garden, you have to learn the art of adjusting with the thorns.

*Always look for what is wrong before looking who is wrong. This helps to keep your relations good and strong.

*A blind person asked God, can there be anything worse than losing eye sight? He replied, yes, losing your vision.

*Best philosophy in life is to keep the mind happy, I do not know if success gives happiness but I know that a happy mind can lead to success.

*It's a fact when you are happy; you want to reach the person you love most. But when you are sad, you want to reach the person who loves you most.

*One of the greatest victories you can gain over someone is to beat him at politeness.

***Do not lower your goals to the height of your abilities. Instead, heighten your abilities to the level of your goals.**

***"A happy person is always happy not because everything is right in their life. They are happy because their attitude towards everything is right".**

***To be Kind is more important than to be right. Many times what people need is not a brilliant mind that speaks but a special heart that listens.**

*Do not have fear and step back from battle field but be victorious.

** FRIENDSHIP:*

*Friendship is silent gift of nature: More old more strong, more care more respect, Less words more understanding and Less meetings more feelings.

*How to grow friendship? Pick a good heart, plant in a pot of trust, water with good thoughts, add some faith, remove misunderstanding and keep in touch.

*Friends are like street lights along the roads. They don't make the distance any shorter but they light up the path and make the walk easy and safe.

*If you want to see how rich you are, then do not count your money, just drop a tear and see how many hands come to hold it.

***New friends may be poems, but old friends are alphabets. Do not forget alphabet, because you will need them to read the poems.**

***Do you know which the best part of life is? When your family understands you as a friend and your friends support you as your family...**

*To be successful you need friends but to be very successful you need competitors.

*The single finger of friend which wipes out your tears during your failure is much better than the ten fingers which come together to clap for your victory.

*When you fully trust a person without any doubt, you get one of the two results, i.e. a person for life time or a lesson for life time.

*The single finger which wipes out tears during our failure is much better than the ten fingers which comes together to clap for our victory.

*QUALITIES OF A TO Z - FRIENDSHIP:

- * A: accepts you as you are.
- B: Believes in you.
- C: Calls you just to say 'Hi'
- D: Doesn't give up you at any time.
- E: Envision the whole of you.
- F: Forgive your mistakes.
- G: Gives unconditionally.
- H: Helps you in your difficulty without invitation.
- I: Invites you for every occasion.
- J: Just likes to be with you.
- K: Keeps you close at heart.
- L: Loves you as you are.
- M: Makes a difference in your life.
- N: Never judges.

O: Offers support.
P: Picks you up as and when you need.
Q: Quiets your fears.
R: Raises your spirit.
S: Says nice thing about you.
T: Tells you the truth when needed to hear it.
U: Understands you well.
V: Values you all the time.
W: walks beside you like a shadow,
X:S-plains things you don't understand.
Y: Yells when you are wrong.
Z: Zaps you back to reality.

***FRIEND IN NEED IS A FRIEND INDEED:**

*Wrong kind of people hates you for good in you. But right kind of people love you even after knowing bad in you. That makes perfect definition of a true relation.

*A friend in need is a friend indeed. A real friend is one who stays with you for ever, through good times and bad. It is said that forgetting a friend is a crime, ignoring him is a shame, liking him is a pleasure and disturbing him is a fundamental right.

*Friendship is by choice and not like a relative who is by chance and not by choice. In one's life a friend is more reliable than a relative, therefore, it is said that life without a friend is like death with out a witness.

*There could be good and bad in a friend, what you have to do is to bring out the good and leave the bad.

**Vitamin F.....*

Why do I have a variety of friends who are all so different in character? How can I get along with them all? I think that each one helps to bring out a "different" part of me.

With one of them I am polite. With another, I joke.
I sit down and talk about serious matters with one.

With another I laugh a lot.
I listen to one friend's problems.
Then I listen to another one's advice for me.
My friends are like pieces of a jigsaw puzzle.

When completed, they form a treasure box.

A treasure of friends!

They are my friends who understand me better than I understand myself.

They're friends who support me through good days and bad.

We all pray together and for each other.

Real Age doctors tell us that friends are good for our health.

Dr. Oz calls them Vitamin F (for Friends) and counts the benefits of friends as essential to our wellbeing.

Research shows that people in strong social circles have less risk of depression and terminal strokes.

If you enjoy Vitamin F constantly you can be up to 30 years younger than your real age.

The warmth of friendship stops stress and even in your most intense moments, it decreases the chance of a cardiac arrest or stroke by 50%.

I'm so happy that I have a stock of Vitamin F!

In summary, we should value our friends and keep in touch with them.

We should try to see the funny side of things and laugh together and pray for each other in the tough moments.

Thank you for being Vitamin F!

*"Successful people are always looking for opportunities to help others.

Unsuccessful people are always looking at, 'What's in it for me?'"

*Criticism is like rain, should be gentle enough to nourish a man's growth without destroying his roots.

*Hurting someone is as easy as cutting a tree within a moment but making someone happy is like growing a tree which takes a lot of time, care and patience. Friendship is also to grow like a tree.

*YESTERDAY, TODAY & TOMORROW:

*Life is taken for granted; One has to realize how precious life is, in a relaxed state of mind and peaceful atmosphere, look around him and also compare with other living beings to realize how precious human life is!

*Yesterday is past and tomorrow is future. We normally worry about the past and think about the future and forget the day which is before,

which is very precious.

*It is very well said that everything happens with the grace of God, don't worry for the past and don't think of future and try to live and face the situation as it comes, do your best and rest you leave it to destiny.

*A Wonderful Story of Friendship & Values...

A story tells that two friends were walking through the desert. During some point of the journey they had an argument, and one friend slapped the other one in the face. The one who got slapped was hurt,

but without saying anything, wrote in the sand:

TODAY MY BEST FRIEND
SLAPPED ME IN THE FACE.

They kept on walking until they found an oasis, where they decided to take a bath. The one who had been slapped got stuck in the mire and started drowning, but the friend saved him. After he recovered from the near drowning, he wrote on a stone:

TODAY MY BEST FRIEND SAVED MY LIFE.

The friend who had slapped and saved his best friend asked him,

"After I hurt you, you wrote in the sand and now, you write on a stone, why?" The other friend replied "When someone hurts us we should write it down in sand where winds of forgiveness can erase it away. But, when someone

does something good for us, we must engrave it in stone where no wind can ever erase it."

LEARN TO WRITE YOUR HURTS IN THE SAND
AND TO CARVE YOUR BENEFITS IN STONE.

*They say it takes a minute to find a special person,
an hour to appreciate them,

*MORAL Do not value the THINGS you have in your life.. But value WHO you have in your li

*A relationship doesn't shine by just shaking hands on best time. but it bl
ossoms by holding firmly in critical situation.

*Fill your Heart with Love & Compassion,

Polish your thoughts with Purity & Divinity,

and decorate your Deeds with Dedication & Service,

the rest is assured that He will Never Let you Slip & Fall!

*God's blessing may come as a surprise and how much we receive depends on how much our heart can believe.

*Relations walk lightly into our life and slowly into our Heart. Initially we never care who they are, but Later. Without them, we don't know who we are.

*Friends walk slowly into our life and fast into our Heart. We care for them and they care for us, without them we are last in this world.

*Relationship is by chance and Friendship is by choice, you can desert a friend but not a relative.

*Friendship is silent gift of nature. More old it is it will be stronger. More care more respect. Less words more understanding. Less meetings more feelings.

*An arrow can be shot only by pulling it backward. So whenever life pulls you back, don't worry it's going to lead you forward to victory.

*Never choose any friend without understanding and never lose him because of misunderstanding. He may be wrong sometime, somewhere but not every time everywhere.

*TIME

*Time is the rarest luxury, which can never be purchased at any cost. So when someone spends it for you, it defines the depth of care they have for you.

*Time is the most elastic element of world. Because it increases when we are waiting and decreases when we are enjoying.

***TIME is always playing CHESS with us. It makes a move in our life and then sits back to see how we react to the challenges. So make the best move in every step**

*'TIME' is the rarest luxury which can never be purchased at any cost. So when someone spends it for you even by a text, it defines the depth of care.

*Time is always with the people who have the courage to fly not with people who stand on the ground and watch the Sky.

*Time is the rarest luxury, which can never be purchased at any cost. So when someone spends it for you, it defines the depth of care they have for you.

*Hurting someone is as easy as cutting the tree but making someone happy is like a growing tree. It takes lot of time.

*"Punctuality" is not just about "being on time". It is basically respecting our own commitments.

*'TIME' is the rarest luxury which can never be purchased at any cost. So when someone spends it for you even by a text, it defines the depth of care.

*Don't think that time will change our life. Time only changes the expiry dates of the opportunities.

*Never calculate a person on his present position because time has the power to change an invaluable carbon into a valuable diamond.

*Time is limited in one's life. So use it for your volition to real freedom.

*Time is the healing factor; time is a great healer and revealer.

*Men talk of killing time while time quietly kills them.

*Manage your time as you manage your money.

*Time lost cannot be recalled.

****VICTORY***

*Half of sorrows we earn by expecting good things from wrong people and the other half we earn by detecting wrong things in good people.

*Everybody says, find good person and leave bad ones. A wise person says, find the good in person and ignore the bad in them. No one is perfect.

*Sometimes we have to keep quiet, swallow our pride and accept that we are wrong. It is not giving up. It is called growing up.

*Success is never achieved by the size of your brain; it is always achieved by the size of your thoughts. Always have positive thoughts.

*If we realize our quality, we become smart. If we know our weakness, we become intelligent and if we know both, we become successful.

*The price of discipline is always less than the pain of regret. Self-discipline is the biggest investment for success in life.

*Every successful person has a painful story; every painful story has a successful ending. Accept the pain and get ready for success.

*The price of discipline is always less than the pain of regret; self- discipline is the biggest investment for success in life.

*What we receive is information. What we preserve is knowledge. What we use is intelligence. But What, When and How we use it is our wisdom.

*Confidence helps to set some aim, but self-confidence helps to achieve that aim. So, never lose your self-confidence.

*Every problem in life is like a race and it has solutions of two types: Bhaag lo (run away) or Bhaag lo (participate) choice is yours.

*Never design your character like a garden where anyone can walk. Design it like the sky where everyone aspires to reach.

*Feelings are important in our life as they come from heart, if you respond back they grow, if you ignore they die, if you respect they stay forever.

*One who wins in first effort, wins the life, One who fails in first effort, can win the world, wounded mind is more powerful than the normal mind.

**SATISFACTION*

*When you get little you want more, when you get more, you desire even more, but when you lose it, you realize little was enough".

*Heart is like a Mirror. Mirror shows our reflection and Heart shows affection. Both have one similarity both cannot be reformed once broken.

*Trust the one who can see these 3 things in you:

Sorrow behind your Smile
Love behind your Anger and
Reason behind your Silence.

*Understanding is deeper than knowledge. Many people may know us, but very few understand us.

*Doing what you like is FREEDOM. Liking what you do is HAPPINESS.

*Let us never pretend to be more than what we are. Just love yourself the way you are.

*When your commitment is deeper than the sea and your ambition is taller than the sky then your future will be brighter than the sun.

*Satisfaction is greater than success because successful person may not be satisfied, but satisfied person is always successful.

*Sometimes we have to keep quiet, swallow our pride and accept that we are wrong. It is not giving up. It is called growing up.

*It is not important to go to heaven after we leave but it is important to create heaven in someone's heart, before we leave.

*In life, own satisfaction is better than success. Because success is a measure, decided by others, while satisfaction is a measure decided by you.

*WEAKNESS

*Most of the problems in life are because of two reasons: We act without thinking or we keep thinking without acting.

*The greatest danger for most of us is not that our aim is too high and we miss it but that it is too low and we reach it.

*Our greatest weakness lies in giving up, the most certain way to succeed is always to try just one more time.

*An error does not become a mistake unless we refuse to correct it.

*Every heart has a pain. Only the way of expression is different fool's hiding it in eyes, while brilliant hides in their smile.

*Remove the weakness and accumulate energy through the stage of being free from waste thoughts.

*Eradicate your subtle weakness through self-contemplation.

*Once the seed of faith takes root, it cannot be blown away, even by the strongest wind-
Now that's a blessing.

*We should be careful of our thoughts when we are alone
And we should be careful of our words when we are in crowd.

*Reduce your desires and thus reduce your problems.
Solve your problems with patience and perseverance.

*Stop brooding over the causes and search for the cures.
Our work is the presentation of our capabilities.

*Expect more from yourself than from others because expectation from others hurts you.
A lot while expectation from yourself inspires you a lot.

*See mistake just as a mistake, not as my or his mistake because yours brings guilt and his brings anger. Only acceptance brings some improvement.

*Silence on lips may avoid many problems. But, speaking with open heart can solve most of the problems. Always speak with the open heart.

*Do you know which the sweetest couple in the world is? Answer: smile and tears. They meet rarely but when they meet the moment becomes unforgettable.

*Sea is common for all, some take pearls, and some come out with just wet legs. World is common to all but we get what we try for.

*A teacher asked: what is forgiveness? A cute little girl gave this lovely reply: It is the wonderful fragrance that a flower gives, when it is being crushed.

*When you are Happy, You Enjoy the Music; but, when you are Sad, You understand the Lyrics...

*If we don't forgive people who have hurt us then they continue to occupy a rent-free space in our mind which they do not deserve.

*Give so much time to improve yourself that you have no time to criticize others.

*A peaceful mind can think better than a worked up mind, allow a few minutes of silence to your mind every day and see how sharply it helps you to set your life the way you expect it to be.

*Bath purifies body, meditation purifies mind, prayer purifies soul, charity purifies wealth, fast purifies health and forgiveness purifies relations.

*Truth is always like oil in water, no matter how much of water you add. It always floats on top.

*Mind is not a dustbin to keep hatred, anger and jealousy but it is a treasure box to store love, happiness and sweet memories.

*COMPANY

*Adjustment with right people is always better than argument with wrong people. A meaningful silence is always better than meaningless talk.

*You cannot add milk in a glass full of milk, but you can add sugar in it. It proves that a sweet person can make space in a filled heart also.

*Comparison is the best way to judge your progress. But don't compare with others, just compare your yesterday with your today.

*Loneliness is a nice feeling beyond words when we choose it for ourselves, but it is horrible when others make us to choose besides the noble art of getting things done, there is the noble art of leaving things undone. The wisdom of life consists in the elimination of non-essentials.

*In the company of wind, even dust achieves great heights. But, when mixed with water, it becomes mud. Choose the right company to enhance your value.

*Everybody says, find good person and leave bad ones. A wise person says, find the good in person and ignore the bad in them. No one is perfect.

*Adjustment with right people is always better than argument with wrong people. A meaningful silence is always better than meaningless talk.

*Never argue with idiots, because first they bring you to their level and then they beat you with their experience

**RELATIONSHIP*

*True relations and medicine play the same role in our life. Both care for us in pain. Only difference is that true relationship does not have an expiry date.

*The best relationship is not the one which is free from problems. But it's the one where one sorry and a smile make everything just as perfect as before.

*Relationship with wonderful persons is like sugarcane. You break it, crush it, squeeze it, even beat it or grind it still you will get only sweetness.

*Be close with someone who makes you happy. But be closer with someone who cannot be happy without you.

*Understanding is deeper than knowledge. Many persons know us, but a few understand us.

*Some relations never demand personal presence, it is the confidence in the relation which makes you sure that when needed, and the person would always be with you.

*Mistake is a single page of life but relation is a complete book, so do not lose a full book for single page.

*A lovely relation should have the determination like a mirror which never loses its ability to reflect even if it is broken into thousand pieces.

*Relationships these days are harder now, because conversations become texting, arguments become phone calls and feelings become status updates.

***Everything is valuable only twice:**

- 1. Before getting it and**
- 2. After losing it!**

*A lovely relation should have the determination like a mirror which never loses its ability to reflect even if it is broken into thousand pieces.

*The sweetness of chocolate remains in tongue for some minutes but the sweetness of person remains in heart forever.

*Art of lovely relationship is like musical instrument. First you learn to play by rules and then you forget the rules and play from heart.

**MEMORIES*

*A single harsh word spoken at the time of anger is so poisonous that it makes us to forget the hundred lovable conversations within seconds.

*Mind is not a dustbin to keep hatred, anger and jealousy but it is a treasure box to store love, happiness and sweet memories.

*Memories are like the house of ants, you do not know how many are hidden inside there. But when one comes out, then others follow one after another.

*Memories are like the house of ants, you do not know how many are hidden inside there. But when one comes out, then others follow one after another.

*Small minds talk about win, average minds talk about position, great minds talk about growth, but champions never talk, they just perform and the world talk.

*Hurting someone who really cares for is as easy as throwing stone in the lake, but you do not know how deep that stone goes.

**CELEBRATION*

**Money can do little for you, but Money can do a lot through you.*

*When you move your focus from competition to contribution, life becomes celebration. Never try to defeat people, just win them.

**Success comes to those who whole heartedly celebrate the success of other people.*

*Success has only one amazing formula, stop thinking in terms of limitations and start thinking in terms of possibilities.

**PERSONALITY:*

*Personality is who we are and what we do when everybody is watching. Character is who we are and what we do when nobody is watching.

*"Never try to defeat anyone, just try to win everyone" Do not laugh at them but laugh with them.

*Successful people do not relax on chair. They feel relaxed with their work. They sleep with their dreams and wake up with a commitment.

**GOD:*

*Blessed is the person who understands that the reason for praying is not only to get what we want but to accept what God has given us.

*No one has travelled the road of success, without crossing streets of failure.
God never promised easy journeys in life, He only promised Great Destinations

*All of us are afraid of so many things in life, specially:

1. Fear of sickness and ill health.
2. Fear of Evil spirits.
3. Fear of Evil eye
4. Fear of life's uncertainties.

*God can take care of all your fears, as he is all Powerful, Merciful and more than all Compassionate.

*There is no wine if Grapes are not pressed, no perfume if flowers are not crushed. If you feel any pressure in life, it means God is bringing the best out of you.

*God when I lose hope, help me to remember that your love is greater than my disappointments and your plans for my life are better than my dreams.

*Winning horse does not know why it runs in race. It runs because of beats and pains. Life is race; God is your rider. So if you are in pain think, God wants you to win.

*God is not the sole author of your destiny. You are the co-author of your destiny.

*It is important that we believe in prayer and God. But it is more important that our actions be such that God believes in our Prayers.

*Some people enjoy the best in life. Not because only good things come their way. But because they find good in everything, that comes their way.

*Do you know why God didn't give us the gift to read others' minds? So that we could have the chance to "TRUST" and the privilege to be "TRUSTED!"

*Pray ordinarily for God, He will do extraordinary for you. Be natural to God, He will do supernatural for you. Do whatever possible for God, He will do what is impossible for you.

*Do not limit your challenges, challenge your limits. Born with personality is God's gift, living as a personality is an achievement.

*The *Githas*, the *Vedas* and the Gospel teach man to lead pure and pious lives of philanthropy and benevolence. This is the only way to salvation. 'Be good and do good', is the gist of Religion's philosophy. He who recites daily prayers and performs religious rituals and ceremonies, but himself does not lead a pious life, nor is good to others, is like a man who ploughs the field but does so without good results. But he, who, besides reciting the *prayers* and doctrines, puts them into practice in daily life, is like a man who not only ploughs and sows but also reaps the harvest.

*Lack of experience exposes you to the bullets of evil.

The brave one never lets hindrances deter him from his course.

Forget the past but learn from the experience and take care in the future.

Great souls become humble after their victory.

Self-confidence puts an end to the tensions of the world.

Remove the darkness of the mind and the world will be illuminated.

*A man prayed to God: "I Want Happiness" God said: First remove "I" that's ego, then remove "Want" that's desire, and see you are left with only "Happiness".

*God is a generator, operator, & destroyer.

* The fear of lord is the beginning of wisdom.

*Concentrate on the object, rather than the subject, then you become close to God. (not physically close but spiritually close)

*God fulfills your needs but not wants.

*When idea is not correct, God says NO,
When time is not right, God says SLOW,
When you are not ready, God says GROW,
When everything is all right, God says GO.

*Make your home God's home and there will be light, love and abundance.

*Make your body God's abode, and there will be peace and bliss.

*Feel your mind as a toy of God and you will watch and enjoy all its games.

*God helps those who help themselves.

*God is not something to be believed, god is something to be experienced.

*God waits for long, but strikes at last.

*God gives and forgives, man gets and forgets.

*God gives you problem to make you humble and not tumble.

*God brings men into deep waters; not to drown them, but to cleanse them.

*Since god cannot be everywhere, he has made mothers.

*Be a puppet in the hands of God and play your role as he wants you to play.

*If we will take care of today, god will take care of tomorrow.

*A blind man went to Temple. Someone asked "You cannot see God then why are you here?". The blind man said "So what at least God can see me".

*Man is GOD made that everybody known, who the first is born that nobody knows!
TREE is GOD's gift that everybody knows. Which is the first seed that nobody knows?
Nothing is so GREAT in what we achieve as the real credit goes to supreme power!
And nothing like FATE is what we believe, as real debit comes from supreme tower.

*Restless HEART with lifetime guarantee, is the divine product without any royalty !
Matchless EYES with everlasting beauty is the divine gift without any duty.

*The hardest moments are not those when tears flow from your eyes, it's when you have to hide the tears in your eyes with a smile to remove tears from someone else eyes.

*In times of difficulty some people break down while some break record, performers are born in difficult situations not in comfort zones.

*Hurting someone is as easy as cutting a tree within a moment but making someone happy is like growing a tree which takes a lot of time, care and patience.

*LOVE:

*Give only love and care as a loan to everyone that is the only thing which comes back with the highest interest.

*Be grateful to the people who make you smile. They are the charming gardeners who help your soul to blossom. Beware of 'ego' it's a sword with two edges. The outer edge cuts your popularity, while the inner edge cuts your purity.

*Care and love is not a business where you give when you get. It is a beautiful feeling for someone where you love to give even if you do not get.

*"Deepest feeling is always felt in silence". "There is no true love without jealousy".
"A thing lost is always valued the most".

*The world's greatest need is- love-in-action
If you love to live, live to love everything.
If you want to be liked and loved by all, learn to love all first.
Love should be inclusive and not exclusive.

*Power of love is god. Love for power is ego.

*CHANGE

*Change will not come if we wait for some other person or some other time. We are the ones we have been waiting for. We are the change that we seek.

*Be an optimist. Everyone thinks of changing the world but no one thinks of changing himself.

* "People don't change when you give them the better option" But,
"They change only when there is no other option"
Always keep hoping for good, As the famous Japanese's thought says that,
"Keep a green tree in your heart, the birds will automatically come".

*This is nature's greatest lesson. All things offer themselves. The Earth gives. The Sun gives. The Universe gives. Life gives and never holds anything back. Effortlessly, easily, in its own perfect time, a Flower opens its petals. Life gives as rain gives itself. Rain does not ask of one, "Are you worthy," or of another, "Have you the price?"

*"The Sun causes the lotus to bloom.
The Moon on its own makes the lily bloom.
The Cloud too, without being asked, gives water.
Great Souls are always taking the initiative to do good for others."

*No one in this world is pure and perfect. If you avoid people for their mistakes, you will always be alone in this world. So judge less and love more.

*GENERAL

*A person's most useful asset is not a head full of knowledge, but a heart full of love with an ear open to listen and a hand always willing to help.

*Everything is pre written, but with the power of prayers it can be revised, rewritten and corrected. So pray regularly and religiously and leave the rest to his will.

*Relationships these days are harder now, because conversations become texting, arguments become phone calls and feelings become status updates.

*One good deed a day works in life like a thread woven each day in the quilt that will keep u warm in winters.

*Richest wealth is wisdom, strongest weapon is patience, best security is faith, most effective tonic laughter and surprisingly all are free.

*You are born without anything but you die with your name. So that name must not be a word only, it must be a history.

*Always have a successful exit than a favorable entrance, because what matters is not being clapped when you arrive but being remembered when you leave.

*We should never forget that the impact of every thought, every decision and every act of ours is not just on us but fall on a whole lot of people related to us.

*Once, you develop an attitude to learn from your mistakes, you no more pay the price, but just enjoy the payoffs.

*You need power only when you want to do something harmful, otherwise smile is enough to get everything done.

*What is the reason for every misunderstanding? The reason is we see the people as we want but not as they are.

*In the company of wind, even dust achieves great heights. But, when mixed with water, it becomes mud. Choose the right company to enhance your value.

*Great lines by a friend the longest distance on earth is not from north to south it is when i stand in front of you and you turn back and talk to others.

*Our behavior is greater than our knowledge because there are many situations where our knowledge may fail, but our behavior can handle that very well.

*Birds that live in a lake will fly away when the lake dries up, but the lotus in the same lake dies with the lake, that's the commitment in relationship.

*Life survives on changes. So instead of avoiding it, take every change as a challenge. Either it will give you success or will teach you how to succeed.

*A very good message for us to learn from the moon and the sun. Both patiently wait for their turn and each one gives a chance to the other to shine.

*Believe in god like how you believe in sun. Not because you can see it but you can see everything because of it.

*Happiness gives temporary satisfaction. But satisfaction gives permanent happiness.

*Fragrances always cling to the hands of those who distribute roses.

*A Lamp does not speak; it introduces itself through its light. Achievers never expose themselves, but their achievements expose them.

*Watch your thoughts, they become words. Watch your words, they become action. Watch your action, they become habits. Watch your habits, they become character. Watch your character, they become destiny.

* If we realize our quality, we become smart. If we know our weakness, we become intelligent and if we know both, we become successful.

*Be more concerned about character, not about reputation. Reputation means what others think about you and which is visible to others. But character is what you really are and invisible to others.

*Our body is full of water but whenever it hurts, blood comes out. And our heart is full of blood but whenever it hurts, tears (water) come out.

*What we think, we do if we do wrong, and it is because we think wrong. To do right, we must think right. As its say what we thought, it becomes our destiny.

*Never blame a day in your life. Good days give happiness while bad days give experience so enjoy each and every day in your life.

*A sincere devotee asked Buddha: "I want peace". Buddha smiled and said: "Remove I, that's ego. Remove want, that's desire and then peace comes automatically.

*Great lines by a friend the longest distance on earth is not from north to south it is when i stand in front of you and you turn back and talk to others.

*Hurting someone is as easy as cutting the tree but making someone happy is like a growing tree. It takes lot of time.

*Do good to everyone without expecting much, as an old proverb says "Some fragrance always remains in the hands of those who distribute roses".

*Bath purifies body, meditation purifies mind, prayer purifies soul, charity purifies wealth, fast purifies health and forgiveness purifies relations.

*Coins always make sound but the currency notes are always silent. So, when your value increases keep yourself calm and silent.

*A good heart and a good nature are two different issues. A good heart can win many relationships, but a good nature can win many good hearts.

*Don't be much close to anybody, because a small change in their behavior hurts a lot.

*If you really want to do something, you will find a way. If you don't, you will find an excuse. If you don't fight for what you want, then don't cry for what you lost.

*Sword and words have the same letters. Strange fact is that they have the same effect too but depends on how we use them.

*Be more concerned with your character than with your reputation. Your character is what you really are while your reputation is merely what others think you are

*There are two reasons why people change - they either feel the heat or see the light.

Feeling the heat forces us to change. Seeing the light inspires us to change

*It takes less time to rectify a mistake, than trying to justify it.

*Don't listen to people who tell you what to do, listen to people who encourage you to do what you know in your heart is right.

*We cannot stop problems to come towards us. But, we can make sure that we do not offer them chairs to sit on.

*Great Thoughts speak only to the thoughtful mind, but Great Actions speak to all mankind.

*Never show excess affection and care to anyone in this world, because it's human tendency to underestimate anything given free of cost.

*Someone asked Swami Vivekananda, what is poison? He Have a great answer- "everything excess in life is poison."

*"When you talk, you are only repeating what you already know. But if you listen you may learn something new " .

*"No amount of guilt can change the PAST and no amount of worrying can change the FUTURE".

*Sometime a blank paper tells you the whole story, sometime even a book lacks the meaning, it's true that words are important, but silence increases the worth of some words.

*Your wealth, beauty and status are to be remembered for some time but your good attitude will rule over the hearts forever.

*Live with no excuses and love with no regrets, when life gives you a hundred reasons to cry, show life that you have thousand reasons to smile.

*All the right things are not possible always. All the possible things are not right always. Be true to both your mind and heart, you will never go wrong.

*Do not spoil what you have, by desiring what you do not have. Because what you have now is one of the many things you once prayed for.

*Never calculate a person on his present position because time has the power to change an invaluable carbon into a valuable diamond.

*Richest wealth is wisdom, strongest weapon is patience, best security is faith, and most effective tonic laughter and surprisingly all are free.

*Don't get frustrated doing continuous un resulted efforts. Sometimes the last key of the bunch opens the lock.

*Innocent definition of love by a 5 year old child, "Love is when mom makes tea for dad and takes a sip before giving it to him to make sure its fine".

*The best relationship in the world is the one in which a SORRY and a SMILE can make everything back to normal again.

**PEACE & HAPPINESS:*

*Once the seed of faith takes root, it cannot be blown away, even by the strongest wind-
Now that's a blessing.

*We should be careful of our thoughts when we are alone
And we should be careful of our words when we are in crowd.

*Reduce your desires and thus reduce your problems.
Solve your problems with patience and perseverance.

*Stop brooding over the causes and search for the cures.
Our work is the presentation of our capabilities.

*Expect more from yourself than from others because expectation from others hurts you.
A lot while expectation from yourself inspires you a lot.

* There is no definition of a good day or a bad day, it all depends on you that
either you run the day or the day runs you.

*The happiest person may not have the best of everything in life. Perhaps he
makes the best of everything that life brings along his way.

*See mistake just as a mistake, not as my or his mistake because yours brings guilt and his
brings anger. Only acceptance brings some improvement.

*Silence on lips may avoid many problems. But, speaking with open heart can solve most
of the problems. Always speak with the open heart.

*Do you know which the sweetest couple in the world is? Answer: smile and tears. They
meet rarely but when they meet the moment becomes unforgettable.

*Sea is common for all, some take pearls, and some come out with just wet legs. World is
common to all but we get what we try for.

*A teacher asked: what is forgiveness? A cute little girl gave this lovely reply: It is the
wonderful fragrance that a flower gives, when it is being crushed.

**When you are Happy, You Enjoy the Music; but, when you are Sad, You understand
the Lyrics...*

*If we don't forgive people who have hurt us then they continue to occupy a rent-free
space in our mind which they do not deserve.

*Give so much time to improve yourself that you have no time to criticize others.

*A peaceful mind can think better than a worked up mind, allow a few minutes of silence to your mind every day and see how sharply it helps you to set your life the way you expect it to be.

*Bath purifies body, meditation purifies mind, prayer purifies soul, charity purifies wealth, fast purifies health and forgiveness purifies relations.

*Truth is always like oil in water, no matter how much of water you add. It always floats on top.

*Mind is not a dustbin to keep hatred, anger and jealousy but it is a treasure box to store love, happiness and sweet memories.

*If peace cannot be maintained with honor, it is no longer a peace.

*Peace won by compromise is usually a short lived achievement.

*Nothing can bring you peace but yourself.

*Peace is not the absence of conflict; it is the absence of inner conflict.

*Let us not to be justices of peace, but be angles of peace.

*There is no road in the world that goes to happiness but happiness itself is the only way which goes anywhere in the world. Stay happy always.

*There is no road in the world that goes to happiness but happiness itself is the only way which goes anywhere in the world. Be happy always.

*A nice relation is not how long we been together, not how much we give or take, not how many times we talk. It's all about how we value each other.

*Life never turns the way we want but we live the best way we can. There's no perfect life, but we can fill it with perfect moments. Stay happy.

*What is stress?? The gap between our expectations and reality, more the gap more is the stress so expect nothing and accept everything. God has better plans.

*Calmness under stress and courtesy under provocation are not the signs of weakness but rarest of human qualities.

*Everyone is good for you until you expect nothing from them and you are too good to them until you fulfill their expectations.

*Always hope for the best. Every day starts with an expectation and ends with an experience. So praise every moment of your life. There is always a hidden lesson in it.

*Mistakes are painful when they happen. But years later a collection of mistakes are called experiences which lead us to success.

*We learn something from everyone who passes through our lives.. Some lessons are painful, some are painless... but, all are priceless.

*Money in the hands of Osama bin: Laden destroyed people. Money in the hands of Mother Teresa fed millions

*If peace cannot be maintained with honor, it is no longer a peace.

*Peace won by compromise is usually a short lived achievement.

*Nothing can bring you peace but yourself.

*Peace is not the absence of conflict; it is the absence of inner conflict.

*Let us not to be justices of peace, but be angles of peace.

10 Ways To Be Happy:

1. Accept the things you can't change. If you can and want to change them, do it.
2. Let go of the people who are holding you down. If you considered them, you already know who these people are.
3. Blast your favorite upbeat song and sing at the top of your lungs, dancing as you go.
4. Go for a run. A nice, long run. Run until you feel good; at the very least, you'll be tired enough that the feelings will seem less major.
5. Call someone you love. Just hearing their voice can make your day better.
6. Smile at a stranger. It will make both of you smile.
7. Send an anonymous compliment.
8. Write down everything you don't like about yourself. Rip it up. Burn it.
9. Watch your favorite movie.
10. **Trust Yourself.**



Dr. CA Vishnu Bharath.